



SANGUINETTI DINGHY REGATTA

Optimist Class

Saturday May 10, 2014

Marina del Rey, California USA



SAILING INSTRUCTIONS

GENERAL INFORMATION

Organizing Authority: California Yacht Club, 4469 Admiralty Way, Marina del Rey CA 90292 | Phone: 310.823.4567

Web: www.calyachtclub.com | Regatta Chairman: Mike Shocklee | Phone: 310.266.7162 | Email: atomicmonkey@me.com

1. RULES

- 1.1 This regatta will be governed by the rules as defined in the *2013-2016 Racing Rules of Sailing*.
- 1.2 The "class rules" for the purposes of the definition of "rules" are the [2014 International Optimist Association Class Rules](#), and the USODA Conditions, available at <http://www.usoda.org/>.
- 1.3 Each entrant must meet the eligibility, entry and fee requirements in the [Notice of Race](#) for this regatta on the CYC website.
- 1.4 In addition to the requirements of rule 40 and its US SAILING Prescription, a condition of entry and participation in this regatta is the wearing of a US Coast Guard approved PFD, or a PFD approved by the country of their citizenship or residence, properly secured at all times while on the water, except for brief periods while removing or adding clothing. Wet suits, dry suits and inflatable PFDs do not constitute adequate personal buoyancy. Violation of this provision will result in a penalty up to and including disqualification at the discretion of the Protest Committee.
- 1.5 Rule 63.7 is replaced with: "If there is a conflict between a rule in the Notice of Race and one in the Sailing Instructions, the Sailing Instructions shall apply."
- 1.6 Rule 82 will not apply. Competitors must submit the standard CYC Entry Form, available at Regatta Network or CYC.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located at the CYC Junior Sailing Center.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted by 1000 hours on the day it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole on the CYC front lawn.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than seventy-five (75) minutes" in race signals AP.

5. SCHEDULE OF RACES

- 5.1 There will be a Competitors' Meeting at 0930 hours on Saturday, May 10 at the pool patio adjacent to the Junior Sailing Center.
- 5.2 Six (6) races are scheduled. The RC, at its discretion, may run fewer total races.
- 5.3 Flag A displayed, with no sound, while boats are finishing means 'No more racing today.'
- 5.4 The Warning Signal for the first race each day is scheduled for 1200 hours. Subsequent races will start as soon as possible after the finish of the prior race.
- 5.5 A lunch break will be given on the water unless postponement ashore goes past 1200 hours..

6. CLASS FLAG

The class flag is a red Optimist Dinghy symbol on a white background.

7. RACING AREA

Racing will be on Santa Monica Bay approximately 1.0 nautical mile (NM) northwest of the Marina del Rey breakwater.

8. MARKS

The marks are described on the Outside Course Chart (attached).

9. COURSES

The courses are described on the Outside Course Chart (attached).

10. ON-THE-WATER CHECK-IN

Prior to the Warning Signal for the first race each day, each boat shall check in: When the RC signal boat is on station and displaying code flag "L", each boat shall sail by the transom of the RC signal boat, hail her sail number and be recognized by the RC.

11. THE START

- 11.1 Races will be started using rule 26.
- 11.2 The starting line will be between Mark **S** at the port end and Mark **F** at the starboard end.
- 11.3 Rules 63.1, A4.1 and A5 are changed to provide that a boat starting more than five (5) minutes after her starting signal will be scored DNS without a hearing.
- 11.4 Boats subject to rule 29.1 – *Individual Recall* – at their Starting Signal (*i.e.*, must comply with rule 29.1 or 30.1) may be hailed by sail number via loud hailer. If flag I and/or flag Z has been displayed, the RC may attempt to hail the sail number(s) of boats on the course side of the starting line or its extensions during the minute before the starting signal. This changes rule 41.
- 11.5 Failure of the RC to hail, failure of the amplification system, the order of the hail, or failure of a boat to hear a hail shall not be grounds for a request for redress. This changes rule 62.1.

12. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the RC will move the original mark (or the finishing line) to the new position. The change will be signaled before the leading boat has begun the leg, although the mark (or finishing line) may not yet be in position.

13. THE FINISH

- 13.1 The finishing line will be between Mark **S** at the port end and Mark **F** at the starboard end.
- 13.2 Competitors are reminded that rule 24.1 prohibits a boat that has finished from interfering with boats still racing.
- 13.3 The blue shape or flag will not be used at the finishing line. This changes Race Signals.

14. TIME LIMIT

- 14.1 If no boat has passed the first mark within thirty (30) minutes, the race will be abandoned.
- 14.2 The time limit will be ninety (90) minutes for the first boat to finish. Boats failing to finish within twenty (20) minutes after the first boat sails the course and finishes will be scored the position of the last boat to finish plus 2; this changes rules 35, A4 and A5.

15. PENALTY SYSTEM

The penalty for the first time a boat breaks SI 10 or any section of SI 19 shall be 20% of the number of boats entered as calculated in rule 44.3(c). Rule 63.1 is changed so that penalties for breaking SI 10 or 19 will be assigned without a hearing. The penalty for subsequent occurrences will be at the discretion of the Protest Committee, up to and including DSQ. This changes rule 64.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Appendix T, Section C, Expedited Hearings, except rules T4.5 and T4.6, will apply.
- 16.2 Boats intending to protest an incident occurring in the racing area must notify the RC boat at the completion of the pertinent race of her intention to protest, including the sail number of the boat(s) being protested. This changes rule 61.1(a).
- 16.3 Rule 61.1(a)(2) is deleted. A boat is therefore required to display a red flag if she intends to protest concerning an incident in the racing area, and shall continue to display it until she has reported her intention to protest to the RC.
- 16.4 Protests shall be filed at the CYC Front Desk no later than forty-five (45) minutes after the RC Signal Boat has docked (Protest Time Limit), which time will be posted on the Official Notice Board. Protest forms will be available on the Sail Notice Board located next to the Fleet Room, upstairs in the CYC Clubhouse.
- 16.5 Within fifteen (15) minutes after the Protest Time Limit, a notice of filed protests and requests for redress will be posted on the Official Notice Board. This will constitute notice to all parties to a hearing under rule 63.2. Competitors are responsible for checking the Official Notice Board for such a posting.
- 16.6 Hearings will be held in the Gallery Room, downstairs in the CYC clubhouse. The helmsman shall represent the boat. This changes rule 63.3(a). Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the Gallery Room.
- 16.7 No later than fifteen (15) minutes after the Signal Boat has docked, a notice of boats receiving a scoring penalty per rule A5 or SI 10 will be posted on the Official Notice Board. The deadline for requesting redress based on these scores will be the Protest Time Limit. This changes rule 62.2.
- 16.8 Requests for redress relating to possible scoring errors shall be submitted in writing by the competitor and reviewed by the RC.
- 16.9 Requests for redress relating to an OCS or starting penalty shall state the procedural error the competitor believes the RC may have made. Further, the competitor will be expected to establish that he or she started properly. This changes rule 62.2.
- 16.10 A breach of SI 10, 19 or 21 will not be grounds for a protest by a boat. This changes rule 60.1(a).
- 16.11 Protests and requests for redress will be heard in approximately the order of receipt as soon as possible.

17. SCORING

- 17.1 Appendix A, rule A2, is changed so that when fewer than six (6) races have been completed, a boat's series score shall be the total of all her race scores; when six (6) or more races have been sailed, a boat's series score will be the total of her race scores excluding her worst score. This changes NOR 1.7.
- 17.2 One (1) race must be completed to constitute a regatta.

18. EQUIPMENT AND MEASUREMENT CHECKS

- 18.1 Boats may be measured at any time during the regatta for compliance with the class rules.
- 18.2 Boats are allowed only one hull, dagger board, rudder, tiller and extension, mast, boom, sprit, and sail during the regatta. A request to substitute lost or damaged equipment shall be made in writing to the RC whose response shall be posted on the Official Notice Board.

19. SAFETY REGULATIONS

- 19.1 Each competitor must sign out prior to leaving the launching dock and sign in upon return.
- 19.2 A competitor that retires from a race shall notify the RC either before leaving the race area or as soon as possible after arriving ashore.
- 19.3 Competitors shall have a whistle attached to their PFD at all times while on the water.
- 19.4 Each boat shall have a secure loop in the end of its bow line.

20. SAFETY AND ADULT RESPONSIBILITY

- 20.1 An adult (parent, guardian or designated adult) is responsible for the safety of each sailor. It is the responsibility solely of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the regatta. The adults supervising the competitors are ultimately responsible for the risks.
- 20.2 Parents not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their sailor. Each competitor shall complete the [CYC Parental Consent Form](#), which indicates the parent or adult representative that will be responsible for the competitor throughout the event.
- 20.3 The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.

21. COACH / SUPPORT BOATS

- 21.1 Only coach/support boats that have registered with the RC and prominently display identification provided by the RC will be allowed in the racing area. There will be a refundable deposit of \$20 required for each identification flag.
- 21.2 All such boats must carry a VHF radio, monitor VHF Channel 68, assist any boat in need or perform any function requested of them by the RC and have a basic first aid kit. All individuals on such registered boats are required to wear life jackets.
- 21.3 Coach and support boats shall not display distinctive markings or signaling apparatus, or any flags other than flags provided by the RC, while boats are racing.
- 21.4 Team leaders, coaches and all other support personnel shall not enter the racing area from the Preparatory Signal of any race until the finish of the last boat in that race. However, such boats may enter the racing area at the direction of the RC to assist a competitor or after a general recall, abandonment or postponement until a new preparatory signal has been made. The racing area shall be as indicated on Outside Course Chart (attached) and include any other area within one hundred (100) meters of any boat still racing.
- 21.5 Support boats shall neither create wakes nor otherwise interfere with competitors.
- 21.6 Violation of SI 21 may result in any penalty that the Protest Committee deems appropriate, up to and including the disqualification of the associated competitor(s) from the regatta.

22. PRIZES

- 22.1 Prizes will be awarded at CYC on the pool patio adjacent to the Junior Sailing Center as soon as possible after the last race on Saturday.
- 22.2 Prizes will be awarded to the first through third place boat for Overall; first through third place boat in the Red, Blue and White Fleets.

23. DISCLAIMER OF LIABILITY

Competitors participate in this regatta entirely at their own risk. See rule 4, Decision to Race. By participating in this regatta, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this regatta) from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.



**SANGUINETTI DINGHY REGATTA
Optimist Class**

Saturday May 10, 2014
Marina del Rey, California USA



OUTSIDE COURSE CHART

8. MARKS (continued)

- 8.1 Marks **W**, **R** and **Ls/Lp** will be orange inflatable tetrahedrons.
- 8.2 Mark **S** will be a yellow inflatable tetrahedron.
- 8.3 Mark **F** will be the staff of an orange & white checked flag on the RC signal boat.

9. COURSES (continued)

- 9.1 Marks **W** and **R** shall be left to port.
- 9.2 Mark **Ls/Lp** is a gate. In the event only one leeward mark is on station, that mark shall be rounded to port.
- 9.3 The distance from Marks **S/F** to Mark **L** will be approximately 0.25 nm.
- 9.4 Courses will be signaled by numeral placards from the RC signal boat as indicated below:

Course Flag	Course
1	Start – W – Ls/Lp – Finish
2	Start – W – R – L – Finish
3	Start – W – Ls/Lp – W – Ls/Lp – Finish
4	Start – W – R – L – W – Ls/Lp – Finish

