



LASER MIDWINTERS WEST

IN CONJUNCTION WITH

Ullman/Frost Series #4

Thursday through Sunday, March 26-29, 2015
Marina del Rey, California USA



SAILING INSTRUCTIONS

GENERAL INFORMATION

The Organizing Authority is California Yacht Club (CYC), located at 4469 Admiralty Way, Marina del Rey, CA 90292

Phone: 310.823.4567 | Web: www.calyachtclub.com

Regatta Chairs: Marylyn Hoenemeyer at 310.617.3870, Denise George at 310.490.9432 or JoAnn Meepos at 310.612.4555, email:

Lasermw2015@gmail.com | PRO: Tom O'Connor, email: tomoconor@roadrunner.com

1. RULES

- 1.1 This regatta is governed by the rules as defined in the *Racing Rules of Sailing* (RRS).
- 1.2 The "class rules" for the purposes of the definition of rules are the [International Laser Class Association Rules](#).
- 1.3 This regatta is an International Sailing Federation (ISAF) Grade 2 event.
- 1.4 Each entrant must meet the eligibility, entry, measurement, check in and fee requirements as outlined in the [Notice of Race](#) for this regatta.
- 1.5 Rule 63.7 is replaced with: "If there is a conflict between a rule in the Notice of Race and one in the Sailing Instructions, the Sailing Instructions shall apply."
- 1.6 Rule 82 will not apply. Competitors must submit the standard [CYC Entry Form](#), available at Regatta Network.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the patio windows of the Gallery Room located on the east side of the lower level of the CYC clubhouse (Official Notice Board).

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted by 1000 hours on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hours on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole located on the CYC front lawn.
- 4.2 When the Answering Pennant (AP) is displayed ashore, do not leave the harbor. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 75 minutes' in the race signal AP.

5. SCHEDULE

- 5.1 There will be registration and a briefing for coaches and support boats at 1015 hours on Friday, March 27, at the CYC pool patio.
- 5.2 There will be a Competitors' Meeting at 1030 hours on Friday, March 27, at the pool patio.
- 5.3 Nine (9) races are scheduled: three (3) on Friday, four (4) on Saturday, and two (2) on Sunday. The Race Committee (RC) reserves the right to run more races on Saturday or Sunday if fewer than the scheduled number of races is completed on Friday or Saturday. The RC, at its discretion, may run fewer total races.
- 5.4 The Warning Signal for the first race on **Friday is 1255 hours**. The Warning Signal for the first race on **Saturday and Sunday is 1225 hours**. This changes the NOR. Subsequent races will start as soon as practicable after finish of the prior race.
- 5.5 The order of starts for the first race each day will be Laser Standard class followed by Laser Radial class.

6. CLASS FLAGS

The class flags will be the Laser Class insignia as described below:

CLASS	FLAG
Laser Standard	White flag with black Laser insignia
Laser Radial	Red flag with white Laser insignia

7. RACING AREA

Racing will be on Santa Monica Bay. The starting area will be located approximately 1.0 nautical mile (nm) northwest of the Marina del Rey breakwater.

8. COURSES

Courses are described on **Attachment A**.

9. MARKS

Marks are described on **Attachment A**.

10. ON-THE-WATER CHECK IN

Prior to the Warning Signal for the first race each day, each boat shall sail past the stern of the RC signal boat displaying code flag "L", hail her sail number and be recognized by the RC. Boats failing to check in properly may be given a twenty percent (20%) scoring penalty for the first race of the day, assessed without a hearing. This changes rules 63.1, A4.1 and A5.

11. THE START

11.1 Races will be started in accordance with rule 26.

11.2 The starting line will be between a staff displaying an orange and white checked flag on an RC boat at its port end and the staff displaying an orange and white checked flag on the RC signal boat at its starboard end.

11.3 No race will be started unless there is a minimum consistent wind speed of three (3) knots throughout the racing area.

11.4 A boat that starts more than five (5) minutes after her starting signal will be scored DNS without a hearing. This changes rules 63.1, A4.1 and A5.

11.5 At the starting signal, boats subject to rule 29.1 (Individual Recall) may be hailed by sail number via loud hailer from either RC boat on the starting line. Failure of the RC to transmit, failure of a competitor to hear, timeliness or order of hail shall not be considered grounds for granting redress. This changes rule 62.

11.6 In the one (1) minute prior to the starting signal, boats subject to rule 30.1 (I Flag), 30.2 (Z Flag) or 30.3 (Black Flag) may be hailed by sail number via loud hailer. This changes rule 41.

12. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the RC will move the original mark (or move the finishing line).

13. THE FINISH

13.1 The finishing line will be between the staff of a buoy displaying an orange and white checked flag at its port end and the staff displaying an orange and white checked flag on the RC finish boat at its starboard end.

13.2 Competitors are reminded that rule 24.1 prohibits a boat that has finished from interfering with boats still racing.

14. TIME LIMIT

Rules 35, 63.1, A4.1, and A5 will be changed to provide that a boat failing to finish a race within thirty (30) minutes after the first boat finishes that race will be scored DNF without a hearing. This changes the NOR.

15. PENALTY SYSTEM

15.1 Appendix P, Special Procedures for Rule 42, applies with the following changes: in P2.1 – *First Penalty*, the word "first" is deleted. P2.2 and P2.3 are deleted.

15.2 The Jury will observe racing for other than rule 42 infringements. When the Jury sees an infringement, they make one sound signal. This means that the Jury has seen a protestable situation and one or more competitors should do penalty turns. No sail number will be hailed. The Jury may protest boat(s) that fail to take penalty turns.

15.3 Action or no action by the Jury under this SI shall not be grounds for redress. This changes rule 62.

15.4 The jury boats will be identified by code flag "J".

16. PROTESTS AND REQUESTS FOR REDRESS

16.1 Appendix T, Section C, Expedited Hearings, rule T3 and rule T4, except T4.6, will apply.

16.2 Protests shall be filed with the Jury Secretary no later than one (1) hour after the RC signal boat has docked (Protest Time Limit), which time will be posted on the Official Notice Board. The Jury Secretary and Protest Notice Board will be located inside the CYC clubhouse on the lower level (at the bottom of the stairs from the lobby) outside the Gallery Room. Protest forms will be available from the Jury Secretary.

16.3 No later than fifteen (15) minutes after the RC signal boat has docked, a notice of boats receiving a scoring penalty under **SI 10 or 11.4** and boats scored OCS, ZFP or BFD will be posted on the Official Notice Board. The deadline for requesting redress based on these scores will be one (1) hour after posting. This changes rule 62.2.

16.4 Rules 62.2 (Redress) and 66 (Reopening a Hearing) are changed so that, on the last day of the regatta, the time limit for filing any such requests is the Protest Time Limit or one (1) hour after the incident, whichever is later.

16.5 Within fifteen (15) minutes after the Protest Time Limit, a notice of filed protests and requests for redress will be posted on the Official Notice Board. This will constitute notice to all parties to a hearing under rule 63.2.

16.6 Protests and requests for redress will be heard in approximately the order of receipt as soon as possible.

17. SCORING

17.1 When fewer than six races have been completed, a boat's series score will be the total of all her race scores. When six or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17.2 Nine (9) races are scheduled; three (3) races must be completed to constitute a regatta.

18. SAFETY AND ADULT RESPONSIBILITY

18.1 Each competitor under eighteen (18) shall submit a CYC [Parental Consent Form](#), signed by their parent or guardian, which indicates the parent or adult representative ("designated adult") that will be responsible for the competitor throughout the event.

18.2 It is solely the responsibility of the designated adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. Additionally, the designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.

18.3 Competitors over the age of eighteen (18) are responsible for their own actions, and for the decision to sail in weather and sea conditions that might arise during the event.

19. SAFETY REGULATIONS

19.1 In addition to the requirements of rule 40 and its US Sailing Prescription, a condition of entry and participation in this regatta is the wearing of a US Coast Guard approved PFD, or a PFD approved by the country of their citizenship or residence, properly secured at all times while on the water, except for brief periods while removing or adding clothing. Wet suits, dry suits and inflatable PFDs do not constitute adequate personal buoyancy. Violation of this provision will result in a penalty up to and including disqualification at the discretion of the Protest Committee. This also changes the Preamble to RRS, Part 4.

19.2 A boat that withdraws from a race prior to finishing or does not intend to start a scheduled race shall notify the RC either before leaving the race area or as soon as possible after arriving ashore.

20. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected and re-measured at any time during the regatta for compliance with the Class Rules and the Sailing Instructions.

21. SUPPORT BOATS

21.1 Only support boats that have registered with the RC and prominently display identification provided by the RC will be allowed in the racing area. All support boats must carry a VHF radio and monitor VHF channel 68. All individuals on such registered boats are required to wear PFDs.

21.2 Team leaders, coaches and all other support personnel shall not enter the racing area from the preparatory signal of any race until the finish of the last boat in that race. However, such boats may enter the racing area at the direction of the RC to assist a competitor or after a general recall, abandonment or postponement until a new preparatory signal has been made. The racing area shall be as indicated on **Attachment A** and include any other area within one hundred (100) meters of any boat still racing.

21.3 Support boats shall neither create wakes nor otherwise interfere with competitors.

21.4 Violation of these instructions may result in any penalty that the Protest Committee deems appropriate, up to and including the disqualification of the associated competitor(s) from the regatta.

21.5 Support and spectator boats shall remain in the water from the time they are launched at CYC until the completion of the regatta.

21.6 Competitors who wish to keep support boats at CYC must make arrangements with the Dockmaster for use of the hoist, trailer storage and in-the-water berthing. Contact CYC Dockmaster Ty Olsen at ty.olsen@calyachtclub.net or at 310.823.4567.

22. PRIZES

22.1 Prizes, in accordance with the Laser Class guidelines, will be awarded on the CYC front lawn after the last race on Sunday.

22.2 Thirty (30) Grand Prix points will be awarded.

22.3 Ullman/Frost will be scored separately and prizes awarded accordingly.

23. DISCLAIMER OF LIABILITY

Competitors participate in this regatta entirely at their own risk. See rule 4, Decision to Race. By participating in this regatta, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this regatta) from any and all liability associated with such competitor's participation in this regatta to the fullest extent permitted by law.

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ATTACHMENT A

SI 8 COURSES (continued)

- 8.1 All rounding marks shall be left to port.
- 8.2 No later than the Warning Signal, the approximate magnetic bearing to the first windward mark will be signaled by numeral placards on the RC signal boat.
- 8.3 No later than the Warning Signal, the course will be signaled by numeral placards on the RC signal boat as shown below:

1. Start – 1 – 2 – 3s/3p – 4 – Finish
2. Start – 1 – 2 – 3s/3p – 2 – 3s/3p – 4 – Finish
3. Start – 1 – 1a – 5s/5p – 1 – 2 – 3s/3p – 4 – Finish

- 8.4 The angle between the leg from the starting line to Mark 1 and the leg from 1 to the offset mark (Mark 1a) will be approximately 90°.

SI 9 MARKS (continued)

- 9.1 Mark 1a will be a flag buoy.
- Marks 1, 4 and 5s/5p will be yellow inflatable shapes.
- Marks 2 and 3s/3p will be orange inflatable shapes
- Mark 3s/3p and 5s/5p will be gates. In the event only one gate mark is on station, that mark shall be left to port.

