



SANGUINETTI DINGHY REGATTA

Optimist Class Invitational

Team Race

Saturday and Sunday, April 29 - 30, 2017
Marina del Rey, California USA

SAILING INSTRUCTIONS

GENERAL INFORMATION

The Organizing Authority (OA) is California Yacht Club (CYC), located at 4469 Admiralty Way, Marina del Rey, CA 90292

Phone: 310.823.4567 | Web: www.calyachtclub.com

Regatta Chair: Marilyn Cassedy | marilyn.cassedy@gmail.com | 619.961.7994

1. RULES

- 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 The “class rules” for the purposes of the definition of “rules” are the [2016 International Optimist Association Class Rules](#), and the U.S. Optimist Dinghy Association (USODA) [Conditions](#).
- 1.3 Each entrant must meet the eligibility, entry, check-in and fee requirements as outlined in the [Notice of Race](#) for this regatta.
- 1.4 Competitors, Coaches, Parents, and Guardians shall abide by the [USODA 'Code of Conduct'](#). This covers behavior on and off the water including respect for all other persons and the personal property of others at CYC and Marina del Rey.
- 1.5 RRS 82 will not apply. Competitors must submit a [CYC Race Entry](#) form.
- 1.6 RRS Appendix D, Team Racing Rules will apply with the following changes:
 - a. RRS D1.1(d) “arm signals” is deleted.
 - b. RRS D2.3, Penalties Initiated by an Umpire: Add “(h) fails to comply with a Sailing Instruction or a class rule.”

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the patio windows of the Gallery Room located on the southeast side of the lower level of the CYC clubhouse (Official Notice Board).

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1 Changes to the Sailing Instructions (SIs) or the schedule of races will be posted no later than 0930 on the day it will take effect.
- 3.2 Oral changes to the SIs on the water will be communicated to each boat by the Race Committee (RC) and/or Umpires, and will be effective immediately. These changes also will be communicated to coaches on VHF channel 69 and posted on the Official Notice Board at the end of that day’s racing.

4. SIGNALS MADE ASHORE AND LAUNCHING

- 4.1 Signals made ashore will be displayed on the flagpole located on the CYC front lawn.
- 4.2 When AP is displayed ashore, “1 minute” is replaced with “not less than 30 minutes” in the race signal AP.

5. SCHEDULE

- 5.1 There will be a mandatory Competitors Meeting at 0930 on Saturday, April 29 at the CYC pool patio, that will include a PFD and Protest flag inspection by Umpires.
- 5.2 There will be a Coach/Support Boat registration prior to and after the briefing at 0945 on Saturday, April 29 at the CYC pool patio. A \$20 deposit will be required for coach boat flags that will be paid at time of registration. The deposit will be returned at the end of the regatta provided coach flag is returned to CYC. Any coach boats requiring launching from the CYC hoists will need to have a CYC staff operator operating the hoist at all times.
- 5.3 Three complete round robins are scheduled, two on Saturday and one on Sunday. This changes the NOR. The Race Committee (RC), at its discretion, may run additional or fewer races (see SI 6.2).

6. FORMAT

- 6.1 The format will be 4 vs. 4 team racing with multiple round-robins. The starting order of teams will be handed out at the competitor’s meeting on Saturday.

- 6.2 The RC may terminate or alter the format in progress or change the starting order of teams or make other arrangements as may be necessary to conclude the regatta. This changes RRS D4.2.
- 6.3 Each competitor shall wear only the colored team pinnie issued by CYC outside all clothing. For finishing purposes each competitor must wear the pinnie assigned to them rather than their respective clubs pinnie. PFDs must be worn at all times while racing.
- 6.4 For those teams having five competitors, any four may compete in a race, but the fifth competitor shall remain in the 'waiting area' with his/her coach's boat, from the warning signal of that race until that race has been completed (see Addendum A).
- 7. RACING AREA**
Racing will be held in the Marina del Rey main channel, in front of Burton Chace Park (BCP).
- 8. MARKS**
- 8.1 Rounding marks will be small yellow or orange tetrahedrons.
- 8.2 The starting marks will be an RC signal boat and a buoy displaying an orange and white checkered flag.
- 8.3 The finishing marks will be an RC finish boat and a buoy displaying an orange and white checkered flag.
- 9. THE COURSE, WAITING AREA, AND CHANGE OF COURSE**
- 9.1 The course will be a starboard-hand 'digital N' and is illustrated on Addendum A.
- 9.2 Boats not racing will remain in the racecourse waiting area or tie-up at Burton Chase Park and comply with SI 10.3.
- 9.3 'Waiting' and 'on deck' areas will be defined by small orange balls.
- 9.4 To maintain course configuration or adjust course length, marks will be moved as necessary without any sound or visual signals. No mark will be moved when a boat is on a leg of the course which that mark ends. This changes RRS 33.
- 10. THE START**
- 10.1 Races will be started using Appendix U, "Audible-Signal Racing System" (3-minute start).
- 10.2 The starting line will be between a staff displaying an orange and white checkered flag on an RC signal boat at the starboard end and the staff of an orange and white checkered flag buoy at the port end.
- 10.3 'Waiting Area' and 'On-Deck' Area: All boats whose warning signal has not been made shall remain in the waiting area or tied-up at Burton Chase Park until their starting order position in the current rotation is 'next to start', i.e., immediately after the two teams which are currently starting. These eight (8) boats that are the next two teams to start are permitted to move from the waiting area to the on-deck area.
- 11. RECALLS**
Appendix U4 is modified to read, "Individual recalls will be signaled by hailing the sail identification number (or some other clearly distinguishing feature) of each recalled boat. In addition, the RC signal boat will promptly display flag X. The flag will be displayed until all such boats have sailed completely to the pre-start side of the starting line or one of its extensions, but no later than two minutes after the starting signal."
- 12. ABANDONMENT**
RRS 32.1 and Race Signals are modified such that race abandonment may be signaled orally by the RC and/or the Umpires. Abandoned races may be re-sailed at any time.
- 13. THE FINISH**
- 13.1 The finishing line will be between a staff displaying an orange flag on an RC boat at the starboard end and the staff of an orange and white checkered flag buoy at the port end.
- 13.2 After finishing, boats shall return to the waiting area for their race course by sailing to starboard of the finish boat, clear of course laylines, and observing all small orange balls identifying the transit lane.
- 14. UMPIRES**
- 14.1 This regatta will be umpired in accordance with RRS Appendix D, as modified by the SIs. Some races may have more umpires than others as determined by the Chief Umpire.
- 14.2 Each umpire is a member of the Protest Committee (PC).
- 15. PROTESTS AND REQUESTS FOR REDRESS**
- 15.1 The required red protest flag for competitors shall be attached to the sailor's PFD, and be capable of being conspicuously displayed (waved) at arm's length where it is easily visible to the protested boat and Umpires, and then concealed when the incident is closed. Each team's protest flags will be inspected and approved at check-in.
- 15.2 RRS 60.1 is changed so that only the RC or PC may protest a boat for infractions of the SIs or class rules.

15.3 Any changes to the format implemented in accordance with SI 6.2, or the RC's decisions regarding abandonment under RRS 32.1 and SI 12, will not be a basis for a boat to request redress. This changes RRS 62.1.

16. SCORING

RRS Appendix D4 will apply for multiple round-robin series.

17. SAFETY

17.1 Immediately prior to launching, each sailor must 'check-out' with the RC representative at the CYC dinghy dock. Upon returning to shore, each sailor must 'check-in' with the RC representative at the dinghy dock.

17.2 Competitors not launching at CYC must make prior arrangements for telephonic check-out and check-in.

17.3 A competitor retiring from racing before a day's racing is over shall notify an RC or safety boat before leaving the course area, or notify the RC by telephone call or text to regatta co-chair Marilyn Cassedy at 619.961.7994, immediately upon returning to shore.

17.4 In addition to the requirements of RRS 40 and its US Sailing Prescription, a condition of entry and participation in this regatta is the wearing of a US Coast Guard approved PFD, or a PFD approved by the country of their citizenship or residence, properly secured at all times while on the water, except for brief periods while removing or adding clothing. Wet suits, dry suits and inflatable PFDs do not constitute adequate personal buoyancy. All PFDs must be suitable for the competitor's weight. Violation of this provision will result in a penalty up to and including disqualification at the discretion of the Protest Committee.

17.5 Each competitor shall have a whistle attached to their PFD at all times while on the water.

17.6 Each boat shall have a secure loop at the end of its bow line.

17.7 Coach boats may be called on the by the RC and/or Umpires to help with safety.

18. ADULT RESPONSIBILITY

18.1 An adult (parent, guardian or designated adult) is responsible for the safety of each sailor. It is the responsibility of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks.

18.2 Parents not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their sailor. Each competitor shall submit a completed [CYC Parental Consent Form](#) at check-in, which indicates the parent or adult representative who will be responsible for the competitor throughout the event.

18.3 The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.

19. REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed without prior approval of the Chief Umpire. Requests for substitution shall be made to umpires at the first reasonable opportunity.

20. COACHES AND SPECTATOR BOATS

20.1 Coach, support and spectator boats shall follow the instructions of the RC, safety boats, and Umpires at all times.

20.2 Coach boats shall remain securely anchored in the waiting areas shown in the course illustration in Addendum A or tied-up at Burton Chase Park unless otherwise directed by the RC or umpires, and shall monitor VHF channel 69 at all times.

20.3 Support boats shall remain in or behind the designated support boat waiting area at BCP illustrated in Addendum A.

20.4 Violation of these instructions may result in any penalty that the Protest Committee deems appropriate, up to and including the disqualification of the associated competitor(s) from the regatta.

21. ENVIRONMENT

Trash should be placed on coach or support boats.

22. PRIZES

Prizes will be awarded in accordance with the Notice of Race.

23. DISCLAIMER OF LIABILITY

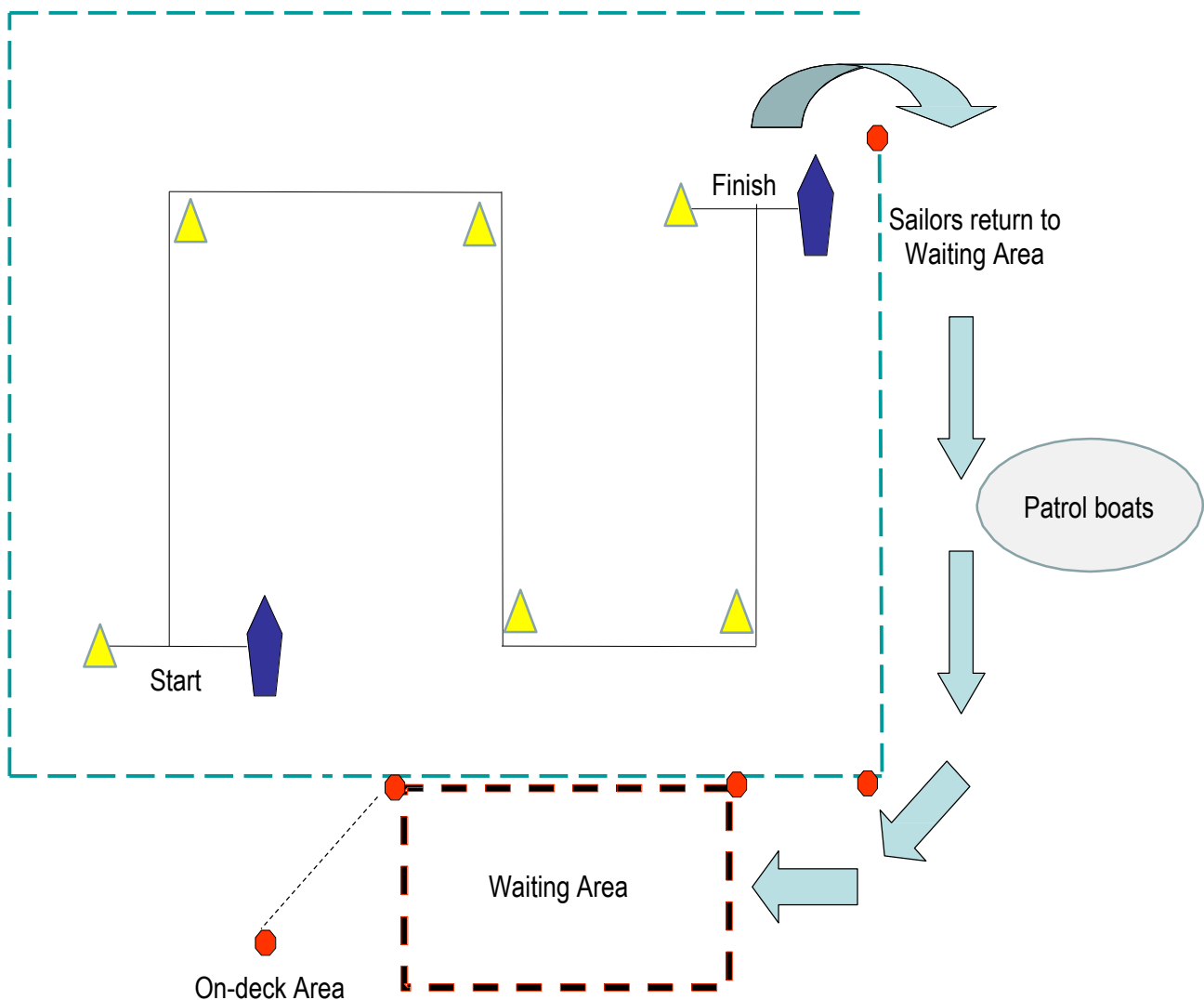
Competitors participate in this regatta entirely at their own risk. See RRS 4, Decision to Race. By participating in this regatta, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any and all liability associated with such competitor's participation in this regatta to the fullest extent permitted by law.

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Addendum A – Course

(Marks are described in SI 8)

Digital N



Coach boats and teams that are not racing or are not on deck may tie up to BCP. Please be considerate of other boaters, do not block the pump-out station, and avoid H Basin due to a fishing tournament.