



# Optimist Spring Series Harken Challenge #1

Saturday and Sunday, February 24 & 25, 2018  
Marina del Rey, California USA



**HARKEN**

## SAILING INSTRUCTIONS

### GREEN FLEET

#### GENERAL INFORMATION

The Organizing Authority is California Yacht Club (CYC), located at 4469 Admiralty Way, Marina del Rey, CA 90292

Phone: 310.823.4567 | Web: <http://www.calyachtclub.com>

Regatta Chairs: Michelle Ondrey | Phone: 310.213.9475 | email: [mlparker22@verizon.net](mailto:mlparker22@verizon.net)

Opti Class Philosophy: USODA is a teaching class and GREEN FLEET is its introductory fleet for novice sailors. The Racing Rules of Sailing are important, but learning to race while having fun is equally stressed. These sailing instructions are structured within The Racing Rules of Sailing to provide a flexible, less structured, less formal racing environment. Green Fleet is not scored; all sailors receive participation awards. While race scores and progress may be tracked, who places first is less important than learning, improving, and having fun along the way. Parents and competitors who are looking for a more competitive environment should consider the Championship Fleet red, blue and white racing divisions.

#### 1. RULES

- 1.1 This regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), by the [2018 International Optimist Class Rules](#), and by the [2018 Harken Challenge Series Notice of Series](#).
- 1.2 The [USODA 'Code of Conduct'](#) will apply to competitors, coaches, parents, and guardians. This includes behavior both on and off the water, especially respect for all other persons, personal property of others, CYC, and Santa Monica Bay.
- 1.3 Each entrant must meet the eligibility, entry, and fee requirements as outlined in the [Notice of Race](#) (NoR) for this regatta.
- 1.4 A condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved lifejacket or, for international sailors only, a lifejacket approved by their country's corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All lifejackets must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable lifejackets do not constitute adequate personal buoyancy. These changes are added to rule 40, and the Preamble to Part 4 will not apply to rule 40. [DP]
- 1.5 RRS 82 will not apply.

#### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located at the CYC Junior Sailing Center.

#### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions (SI) will be posted on the Official Notice Board by 1000 on the day it will take effect.
- 3.2 The Race Committee (RC) may change the SI on the water by displaying flag L with one sound and announcing the change by loud hailer.

#### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole at the CYC Junior Sailing Center.
- 4.2 When the Answering Pennant (AP) is displayed ashore, "1 minute" is replaced with "not less than thirty (30) minutes" in the RRS Race Signals. AP displayed ashore means "Racing is postponed, do not leave the dock."

#### 5. SCHEDULE OF RACES

Green Fleet sails an informal schedule and will meet at the pool patio adjacent to the CYC Junior Sailing Center at 0930 on Saturday and Sunday. At this meeting, the Principal Race Officer (PRO) will announce the plan for the day and time of the first warning. This information will be posted on the Official Notice Board. The schedule may change based on conditions and the requirements of the sailors. Watch the Official Notice Board for information.

#### 6. CLASS FLAG

The class flag is an Optimist Dinghy symbol on a white background.

**7. RACING AREA**

The racing area will be announced at the Green Fleet meeting. This area may change the next day.

**8. MARKS**

Marks will be inflatable balls or small tetrahedrons.

**9. COURSES**

The courses may be windward/leeward, triangle or other courses as described by the PRO. The course will be hailed by the RC and posted on a white board on the RC signal boat.

**10. THE START**

10.1 Races will be started using RRS 26 (5-minute sequence) or RRS Appendix U – Audible Signal Racing System (3-minute sequence), as announced by the PRO. Should RRS Appendix U be announced, the starting sequence shall consist of the following sound signals made at the indicated times:

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Attention	Series of short sounds	Before the warning
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	1 short	5 seconds
	1 short	4 seconds
	1 short	3 seconds
	1 short	2 seconds
	1 short	1 second
Starting	1 long	0

10.2 The starting line will be between a staff displaying an orange and white checkered flag on the RC signal boat and the nearby inflatable mark.

**11. CHANGE OF THE NEXT LEG OF THE COURSE**

The RC may make slight adjustments to the course by dragging the original marks. This changes RRS 33.

**12. THE FINISH**

12.1 The finishing line will be between a staff displaying an orange and white checkered flag on an RC boat and the nearby inflatable mark.

12.2 Code flag A displayed from the RC finishing boat means "no more racing today".

**13. PROTESTS AND REQUESTS FOR REDRESS**

Protests are teaching and learning opportunities. An open discussion (mock protest) will be held with judges if resources are available. All competitors, parents and coaches are invited to attend and observe.

**14. SCORING**

Green Fleet is not scored. All competitors receive participation awards. While scores and progress may be tracked, who places first is less important than learning and improving, and having fun along the way.

**15. COACHING**

Coaching is allowed at the discretion of the PRO. Coaching should focus on the bottom half of the fleet. Coaching on the water is for all, and all coaches are required to assist all sailors. All coaches are required to prominently display their numbered coach flag and to monitor the Green Fleet RC VHF channel 69 at all times while on the water with the Green Fleet. The RC has the right to remove from the Green Fleet course any coach who disregards the instructions of the PRO or other RC personnel.

## 16. SAFETY

- 16.1 Each competitor shall have a whistle attached to their PFD at all times while on the water.
- 16.2 Each boat shall have a secure loop in the end of its bow line.
- 16.3 Each skipper who launches their boat from CYC must sign-out prior to leaving the dock and sign-in upon return. Each skipper not launching from CYC, each day, shall notify the Regatta Chair before leaving their dock and, following the final race of each day, shall notify the Regatta Chair as soon as practical to confirm they have returned to their dock.
- 16.4 A competitor who leaves the racing area, for any reason, shall immediately inform the RC on the water or dock supervisor ashore.

## 17. DESIGNATED ADULT

- 17.1 An adult (parent, guardian or designated adult) is responsible for the safety of each competitor. It is solely the responsibility of this adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. The adult supervising the competitor is ultimately responsible for the risks. Additionally, this designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 17.2 Any parent or guardian not personally attending any part of the event shall provide, during online registration, the name and contact information for the adult who will be attending and authorized and designated to be responsible for their child during this event per NoR 18.1.

## 18. DISCLAIMER OF LIABILITY

Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. By participating in this regatta, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any and all liability associated with such competitor's participation in this regatta to the fullest extent permitted by law.