



Laser Midwinters West

IN CONJUNCTION WITH

Ullman/Frost Series #3

Thursday through Sunday, March 21 – 24, 2019
Marina del Rey, California USA



SAILING INSTRUCTIONS

GENERAL INFORMATION

The Organizing Authority (OA) is California Yacht Club (CYC) located at 4469 Admiralty Way, Marina del Rey, CA 90292

Phone: 310.823.4567 | Web: www.calyachtclub.com

Regatta Chair: Justin McJones | See SI 25 for contact information

The notation '[DP]' in a rule in the Sailing Instructions (SI) means that the penalty for a breach of that rule may, at the discretion of the protest committee (PC), be less than disqualification.

1. RULES

- 1.1 This regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS), and the [International Laser Class Association \(ILCA\) Rules](#).
- 1.2 For those competing in the Ullman/Frost #3, the [2018-2019 Ullman and Frost Perpetual Trophy Series Notice of Race](#) will apply.
- 1.3 US Sailing Prescription, RRS 82 will not apply.

2. PROCEDURES FOR PROTECTED COMPETITIONS

- 2.1 US Sailing Regulation 12.03, Protected Competitions, will be in effect for this event. The following rules and procedures will apply:
 - (a) The US Sailing prescriptions to RRS 63.2 and 63.4 shall apply to a Protected Competition, except that the words "when practicable" in the first sentence of the prescription to RRS 63.4 are deleted.
 - (b) Protest committees shall include 20% "sailor-athlete" representation. "Sailor-athlete" has the meaning of "athlete" set forth in USOC Bylaw, Section 8.8.2 (the 10-year rule) or Level A or B Sailor-Athlete as defined by US Sailing Sailor Athlete Council (SAC) Bylaws 3.3.1 and 3.3.2 (except that the US Sailing member class referred to in SAC Bylaw 3.3.2.3 shall be an international class recognized by World Sailing at the time of the sailor-athlete's qualification).
 - (c) The right of appeal will not be denied under RRS 70.5 (a), (b), or (c), but an expedited appeal process may be used that balances the needs of the competitor for certainty with respect to berths in future competitions and sufficient time to prepare the arguments and evidence for the appeal.
 - (d) Any boat that is a party to a redress hearing may be represented by up to two individuals. This changes RRS 63.3(a).
 - (e) If a hearing is scheduled after the event is concluded and after the sailors and officials have left the venue, it will be scheduled as soon as possible, and in a place and manner chosen with deference to the competitor's preferences or circumstances; and parties to the hearing have the right to be present telephonically or via video feed as appropriate, provided all participants can hear and speak to each other.
- 2.2 Other rule changes:
 - (a) RRS 65.2 is changed as follows: "seven days" is changed to "24 hours" and "promptly" is changed to "within 24 hours."
 - (b) RRS 66, Reopening a Hearing, second sentence is deleted and replaced by:
"However, if an appeal of its decision has been sent to the national authority, the hearing shall not be reopened unless the national authority requires reopening under RRS R5.4 or decides the appeal cannot be considered."
 - (c) RRS 70.2 is deleted.
- 2.3 Expedited appeals procedure:
The expedited appeals system in US Sailing prescription, RRS R8, Expedited Appeals, will be used. See: [Expedited-Appeals.pdf](#)

3. NOTICES TO COMPETITORS¹¹

Notices to competitors will be posted on the patio windows of the Gallery Room located on the southeast side of the lower level of the CYC clubhouse (Official Notice Board) and at the [Laser Midwinters West](#) webpage.

4. CHANGES TO SAILING INSTRUCTIONS

Any change to the SI will be posted by 1000 on the day it will take effect.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed on the flagpole located on the CYC front lawn.

5.2 When the Answering Pennant (AP) is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in the RRS Race Signals.

6. SCHEDULE OF RACES

6.1 Nine (9) races are scheduled: three (3) on Friday, four (4) on Saturday, and two (2) on Sunday. Without posting a change to the schedule of races, the Race Committee (RC) reserves the right to run more or fewer races each day.

6.2 The scheduled time of the first warning signal on **Friday is 1300**. The scheduled time of the first warning signal on **Saturday and Sunday is 1230**. Subsequent races will start as soon as practicable.

6.3 No first warning signal will be made after approximately 1530 on Sunday.

7. CLASS FLAGS

The class flags will be the Laser Class insignia as described below:

| CLASS | FLAG |
|----------------|--------------------------------------|
| Laser Standard | White flag with black Laser insignia |
| Laser Radial | Red flag with white Laser insignia |

8. RACING AREA

The racing area will be on Santa Monica Bay. The starting area will be located approximately 1.0 nautical mile (nm) northwest of the Marina del Rey breakwater.

9. MARKS

Marks are described on Attachment A.

10. THE COURSES

Courses are described on Attachment A.

11. ON-THE-WATER CHECK IN

Prior to the first warning signal each day, when the RC signal boat is displaying code flag "L", each boat shall sail past, on starboard, the stern of the RC signal boat, hail her sail number and be recognized by the RC. Boats failing to check-in properly may be given a twenty percent (20%) scoring penalty for the first race of the day, assessed without a hearing. This change is added to RRS A5.

12. THE START

12.1 To notify competitors of an upcoming race or sequence of races, an attention signal will be made approximately one (1) minute before a warning signal is made.

12.2 The starting line will be between the staff displaying an orange and white checkered flag on the RC line boat at its port end and the staff displaying an orange and white checkered flag on the RC signal boat at its starboard end. (See Attachment A)

12.3 A boat that starts more than five (5) minutes after her starting signal will be scored DNS without a hearing. This change is added to RRS A5.

13. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the RC will move the original mark (or move the finishing line) to a new position.

14. THE FINISH

14.1 The finishing line will be between the staff displaying an orange and white checkered flag on a buoy at its port end and the staff displaying an orange and white checkered flag on the RC finish boat at its starboard end.

14.2 Competitors are reminded that RRS 24.1 prohibits a boat that has finished from interfering with boats still racing.

15. PENALTY SYSTEM

- 15.1 RRS Appendix P, Special Procedures for Rule 42, will apply with the following changes: in P2.1 – *First Penalty*, the word “first” in the title and first sentence is deleted. P2.2 and P2.3 are deleted.
- 15.2 The observer boats will be displaying code flag “J”.

16. TIME LIMIT

Boats failing to finish within thirty (30) minutes after the first boat sails the course and finishes will be scored the position of the last boat to finish plus one (1). This changes RRS 35 and is added to RRS A5.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Protests shall be filed with the Jury Secretary no later than forty-five (45) minutes after the RC finish boat docks (Protest Time Limit), which time will be posted on the Protest Notice Board. The Jury Secretary and Protest Notice Board will be located in the atrium on the lower level of the CYC clubhouse. Protest forms will be available from the Jury Secretary.
- 17.2 RRS 62.2 (Redress) is modified as follows:
- (a) The second sentence of RRS 62.2 is changed to: “If the request is based on an incident in the racing area, it shall be delivered to the Jury Secretary within the Protest Time Limit for that day.”
 - (b) No later than fifteen (15) minutes after the RC finish boat docks each day, a notice of boats scored per RRS A5 for that day will be posted on the Protest Notice Board. The deadline for a request for redress based on this list will be the Protest Time Limit for that day.
 - (c) On the last scheduled day of racing, a request for redress based on a PC decision shall be delivered no later than thirty (30) minutes after the decision was posted.
- 17.3 No later than fifteen (15) minutes after the Protest Time Limit, a notice of filed protests and requests for redress will be posted on the Protest Notice Board. This will constitute notice to all parties to a hearing under RRS 63.2.
- 17.4 Hearings will be held in the Gallery Room, downstairs in the CYC clubhouse. Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the Gallery Room.
- 17.5 Protests and requests for redress will be heard as soon as possible, in the approximate order of receipt.

18. SCORING

- 18.1 When five (5) or fewer races have been completed, a boat’s series score shall be the total of her race scores. When six (6) or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score.
- 18.2 Three (3) races must be completed to constitute a regatta.

19. SAFETY REGULATIONS [DP]

- 19.1 A condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved lifejacket or, for international sailors only, a lifejacket approved by their country’s corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All lifejackets must be suitable for the competitor’s weight. Wet suits, dry suits, and inflatable lifejackets do not constitute adequate personal buoyancy. These changes are added to RRS 40, and the Preamble to Part 4 will not apply to RRS 40.
- 19.2 A boat that withdraws from a race prior to finishing or does not intend to start a scheduled race shall notify the RC either before leaving the race area or as soon as possible after arriving ashore.

20. EQUIPMENT AND MEASUREMENT CHECKS

All boats and equipment must meet ILCA rules and may be inspected by the RC, PC, or Technical Committee for compliance with the rules at any time during the regatta.

21. DESIGNATED ADULT [DP]

- 21.1 An adult (parent, guardian or designated adult) is responsible for the safety of each competitor under the age of eighteen (18). It is solely the responsibility of this adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. The adult supervising the competitor is ultimately responsible for the risks. Additionally, this adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 21.2 Any parent or guardian not personally attending any part of the event shall provide, during online registration or during Check-in, a completed [CYC Parental Consent Form and Waiver](#) indicating the name and contact information for the adult who shall be on-site, and who is authorized and designated to be responsible for their child during this event per SI 21.1.
- 21.3 Competitors over the age of eighteen (18) are responsible for their own actions, and for the decision to sail in weather and sea conditions that might arise during the event.

22. SUPPORT BOATS [DP]

- 22.1 Support boats must register with the OA and prominently display an identification flag provided by the OA. Only registered support boats will be allowed in the racing area.
- 22.2 All support boats must carry a VHF radio, monitor VHF Channel 68, assist any boat in need or perform any function requested of them by the RC, and have a basic first aid kit. All individuals on such registered boats are required to wear a PFD.
- 22.3 Support boats shall not enter the racing area from the preparatory signal of a race until the finish of the last boat in that race. However, support boats may enter the racing area at the direction of the RC to assist a competitor or after a general recall, abandonment or postponement until a new preparatory signal has been made. The racing area shall be as indicated on Attachment A and include any other area within one hundred (100) meters of any boat still racing.
- 22.4 Support boats shall not display distinctive markings or signaling apparatus, or any flags other than their ensign and the flags provided by the RC while any boats are racing.
- 22.5 Support boats shall neither create wakes nor otherwise interfere with competitors.
- 22.6 Support boats may use the CYC hoist to launch their boats only between 1200 and 1700 on Thursday, March 21 and must check-in with the CYC Dockmaster, Evan Davis (see SI 25 for contact information), prior to using the hoist. Support and spectator boats that are unable to launch between 1200 and 1700 on Thursday shall launch at the public ramp at Dock 52, on Fiji Way; however their trailers may be kept at CYC.
- 22.7 Support and spectator boats launched at CYC shall remain in the water from the time they are launched until the completion of the regatta. These boats shall not be launched or recovered at CYC while competitors are launching or recovering their boats.

23. PRIZES

Prizes, in accordance with the Laser Class guidelines, will be awarded in the Fireside Room of the CYC clubhouse after the last race on Sunday.

24. DISCLAIMER OF LIABILITY

Competitors participate in this regatta entirely at their own risk. See RRS 4, Decision to Race. By participating in this regatta, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this regatta) from any and all liability associated with such competitor's participation in this regatta to the fullest extent permitted by law.

25. FURTHER INFORMATION

Regatta Chair: Justin McJones at ripplezero@gmail.com or 310.213.4391.

CYC Dockmaster: Evan Davis at 310.823.4567 or evan.davis@calyachtclub.net.



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ATTACHMENT A

SI 9 MARKS (continued)

- 9.1 Mark 1a (offset mark) will be a buoy displaying an orange and white checkered flag.
- 9.2 Marks 1 and 5s/5p will be yellow inflatable shapes.
- 9.3 Marks 2, 3s/3p and 4 will be orange inflatable shapes.

SI 10 COURSES (continued)

- 10.1 All marks shall be rounded to port, except Mark 3s/3p and Mark 5s/5p, which will be gates. In the event only one gate mark is on station, that mark shall be rounded to port.
- 10.2 The angle between the leg from the starting line to Mark 1 and the leg from Mark 1 to Mark 1a will be approximately 90°.
- 10.3 No later than the warning signal for each class, the RC signal boat will display the approximate magnetic bearing from Mark 5s/5p to the first weather mark with numeral placards.
- 10.4 No later than the warning signal for each class, the RC signal boat will display the course with numeral pennants as shown below:

| Course # | Course |
|----------|---|
| 1 | Start – 1 – 2 – 3s/3p – 4 – Finish |
| 2 | Start – 1 – 2 – 3s/3p – 2 – 3s/3p – 4 – Finish |
| 3 | Start – 1 – 1a – 5s/5p – 1 – 2 – 3s/3p – 4 – Finish |

