



# Optimist Spring Series Harken Challenge #1

Saturday and Sunday, February 23 – 24, 2019  
Marina del Rey, California USA

## SAILING INSTRUCTIONS

### GREEN FLEET



#### GENERAL INFORMATION

The Organizing Authority is California Yacht Club (CYC), located at 4469 Admiralty Way, Marina del Rey, CA 90292

Phone: 310.823.4567 | Web: <http://www.calyachtclub.com>

Regatta Chair: Michelle Ondrey | See SI 19 for contact information

Opti Class Philosophy: USODA is a teaching class and GREEN FLEET is its introductory fleet for novice sailors. While following the rules is important, learning to race while having fun is equally so. These sailing instructions are organized within The Racing Rules of Sailing to provide a flexible, less structured, less formal racing environment. Green Fleet is not scored; all sailors receive participation awards. While race scores and progress may be tracked, determining who places first is less important than learning, improving, and having fun along the way. Parents and competitors who are looking for a more competitive environment should consider the Championship Fleet Red, Blue and White racing divisions.

*The notation '[DP]' in a rule in the Sailing Instructions (SI) means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

#### 1. RULES

- 1.1 This regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS), the [2019 International Optimist Class Rules](#), and the [2019 Harken Challenge Series Notice of Series](#).
- 1.2 The [USODA 'Code of Conduct'](#) will apply to competitors, coaches, parents, and guardians. This includes behavior both on and off the water, especially respect for all other persons, personal property of others, CYC, and Santa Monica Bay.
- 1.3 A condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved lifejacket or, for international sailors only, a lifejacket approved by their country's corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All lifejackets must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable lifejackets do not constitute adequate personal buoyancy. These changes are added to RRS 40, and the Preamble to Part 4 will not apply to RRS 40. [DP]
- 1.4 US Sailing Prescription, RRS 82 will not apply.

#### 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the bulletin board at the CYC Junior Sailing Center adjacent to the pool patio (Official Notice Board).

#### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the SI will be posted on the Official Notice Board no later than 1000 on the day it will take effect.
- 3.2 The Race Committee (RC) may change the SI on the water by displaying flag L with one sound and announcing the change by loud hailer.

#### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole at the CYC Junior Sailing Center.
- 4.2 When the Answering Pennant (AP) is displayed ashore, "1 minute" is replaced with "not less than thirty (30) minutes" in the RRS Race Signals. AP displayed ashore means "Racing is postponed, do not leave the dock."

#### 5. SCHEDULE OF RACES

Green Fleet sails an informal schedule and will meet at the pool patio adjacent to the CYC Junior Sailing Center at 1000 on Saturday and Sunday. At this meeting, the Principal Race Officer (PRO) will announce the plan for the day and time of the first warning. This information will be posted on the Official Notice Board. The schedule may change based on conditions and the requirements of the sailors. Watch the Official Notice Board for information.

#### 6. CLASS FLAG

The class flag is an Optimist Dinghy symbol on a white background.

**7. RACING AREA**

The racing area will be announced at the Green Fleet meeting.

**8. MARKS**

Marks will be inflatable balls or small tetrahedrons.

**9. COURSES**

The courses may be windward/leeward, triangle or other courses as described by the PRO. The course will be hailed by the RC and posted on a white board on the RC signal boat.

**10. THE START**

10.1 Races will be started using US Sailing Prescription, Appendix U, Audible-Signal Racing System, which is shown below:

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Attention	Series of short sounds	Before the warning
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	1 short	5 seconds
	1 short	4 seconds
	1 short	3 seconds
	1 short	2 seconds
	1 short	1 second
Starting	1 long	0

10.2 The starting line will be between a staff displaying an orange and white checkered flag on the RC signal boat and the nearby inflatable mark.

**11. CHANGE OF THE NEXT LEG OF THE COURSE**

RRS 33 is modified so that the RC may make adjustments to the course by moving the original marks without signaling the change.

**12. THE FINISH**

12.1 The finishing line will be between a staff displaying an orange and white checkered flag on an RC boat and the nearby inflatable mark.

12.2 Code flag A displayed from the RC finishing boat means "no more racing today".

**13. PROTESTS AND REQUESTS FOR REDRESS**

Protests are teaching and learning opportunities. An open discussion (mock protest) will be held with judges if resources are available. All competitors, parents and coaches are invited to attend and observe.

**14. SCORING**

Green Fleet is not scored. All competitors receive participation awards. While scores and progress may be tracked, who places first is less important than learning and improving, while having fun along the way.

**15. COACHING**

Coaching is allowed at the discretion of the PRO. Coaching should focus on the bottom half of the fleet. Coaching on the water is for all, and all coaches are required to assist all sailors. All coaches are required to prominently display their numbered coach flag and to monitor the Green Fleet RC VHF channel 72 at all times while on the water with the Green Fleet. The RC has the right to remove from the Green Fleet course any coach who disregards the instructions of the PRO or other RC personnel.

## 16. SAFETY REGULATIONS [DP]

- 16.1 Each competitor shall have a whistle attached to their USCG approved PFD at all times while on the water.
- 16.2 Each boat shall have a secure loop in the end of its bow line.
- 16.3 Each skipper who launches their boat from CYC must sign-out prior to leaving the dock and sign-in upon return. Each skipper not launching from CYC, each day, shall notify the Regatta Chair before leaving their dock and, following the final race of each day, shall notify the Regatta Chair as soon as practical to confirm they have returned to their dock. (See SI 19 for Regatta Chair contact information.)
- 16.4 A competitor who leaves the racing area, for any reason, shall immediately inform the RC on the water or dock supervisor ashore.

## 17. DESIGNATED ADULT

- 17.1 An adult (parent, guardian or designated adult) is responsible for the safety of each competitor. It is solely the responsibility of this adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. The adult supervising the competitor is ultimately responsible for the risks. Additionally, this adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 17.2 Any parent or guardian not personally attending any part of the event shall provide, during online registration or during Check-in, a completed [CYC Parental Consent Form and Waiver](#) indicating the name and contact information for the adult who shall be on-site, and who is authorized and designated to be responsible for their child during this event per SI 17.1.

## 18. DISCLAIMER OF LIABILITY

Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. By participating in this regatta, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any and all liability associated with such competitor's participation in this regatta to the fullest extent permitted by law.

## 19. FURTHER INFORMATION

**Regatta Chair:** For further information, please contact Michelle Ondrey at 310.213.9475 or [mlparker22@verizon.net](mailto:mlparker22@verizon.net).