



SANGUINETTI DINGHY REGATTA

Optimist Class Invitational

Team Race

Saturday and Sunday, January 11-12, 2020
Marina del Rey, California USA

SAILING INSTRUCTIONS

GENERAL INFORMATION

The Organizing Authority is California Yacht Club (CYC), located at 4469 Admiralty Way, Marina del Rey, CA 90292

Phone: 310.823.4567 | Web: www.calyachtclub.com

Regatta Chair: Bill Stump | billstump2002@aol.com

1. RULES

- 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS) and by the current [International Optimist Class Rules](#).
- 1.2 US Sailing Prescription, RRS 82 will not apply.
- 1.3 RRS D, Team Racing Rules will apply with the following changes:
 - (a) RRS D1.1(d) regarding the requirement for "arm signals" is deleted.
 - (b) RRS D2.3, Penalties Initiated by an Umpire: Add "(h) fails to comply with a Sailing Instruction or a class rule."

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the bulletin board at the Junior Sailing Center adjacent to the pool patio (Official Notice Board).

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Written changes to the Sailing Instructions (SI) or the schedule of races will be posted no later than 0930 on the day they will take effect.
- 3.2 Oral changes to the SI on the water will be communicated to each boat by the Race Committee (RC) and/or Umpires, and will be effective immediately. These changes also will be communicated to coaches on VHF channel 68 and will be posted on the Official Notice Board at the end of that day's racing.

4. SIGNALS MADE ASHORE AND LAUNCHING

- 4.1 Signals made ashore will be displayed on the flagpole located at the Junior Sailing Center.
- 4.2 When AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" for the AP in RRS Race Signals.

5. SCHEDULE

- 5.1 Check-in will be at the CYC pool patio between 0830 and 0930 on Saturday, January 11.
- 5.2 There will be a mandatory Competitors' Briefing at **0930** on Saturday, January 11 and **0900** on Sunday, January 12, at the CYC pool patio that will include a PFD and protest flag inspection by Umpires.
- 5.3 There will be a mandatory Support Boat Briefing and registration at the CYC pool patio immediately following the Competitors' Briefing each day.
- 5.4 The scheduled time of the first warning signal is **1130** on Saturday and **1100** on Sunday. Subsequent races will start as soon as practicable.
- 5.5 Two complete round robins are scheduled, one on Saturday and one on Sunday. The RC, at its discretion, may run additional or fewer races (see SI 6.2).

6. FORMAT

- 6.1 The format will be 4 vs. 4 team racing with multiple round-robins. The starting order of teams will be handed out at the Competitors' Briefing on Saturday.
- 6.2 The RC may alter the format in progress or change the starting order of teams or make other arrangements as may be necessary to conclude the regatta. This change is added to RRS D4.2(a), Terminating a Stage.
- 6.3 Each competitor shall wear only the colored team pinnie issued by CYC outside all clothing and outside their PFD. [DP]
- 6.4 For those teams having five competitors, any four may compete in a race, but the fifth competitor shall remain in the 'Waiting Area' (see Addendum A) with his/her coach's boat, from the warning signal of that race until that race has been completed. [DP].

7. RACING AREA

Racing will be held in Marina del Rey Harbor's main channel, in front of Burton Chace Park (BCP).

8. MARKS

- 8.1 Rounding marks will be small yellow or orange tetrahedrons.
- 8.2 The starting marks will be an RC signal boat and a flag buoy.
- 8.3 The finishing marks will be an RC finish boat and a flag buoy.

9. THE COURSE / WAITING AREA

- 9.1 The course will be a starboard-hand 'digital N'. (See Addendum A)
- 9.2 The 'Waiting Area' and the 'On Deck Area' will be defined by small orange balls. (See Addendum A)

10. THE START

- 10.1 Races will be started using US Sailing Prescription RRS U, "Audible-Signal Racing System" (3-minute start).
- 10.2 The starting line will be between a staff displaying an orange and white checkered flag on an RC signal boat at the starboard end and the staff of an orange and white checkered flag buoy at the port end.
- 10.3 'Waiting Area' and 'On-Deck Area': All boats whose warning signal has not been made shall remain in the 'Waiting Area' or tie-up at BCP until their starting order position in the current rotation is 'next to start', i.e., immediately after the two teams which are currently starting. These eight (8) boats that are the next two teams to start are permitted to move from the 'Waiting Area' to the 'On-Deck Area'. [DP]

11. RECALLS

Individual recalls shall be signaled by hailing the sail identification number (or other distinguishing feature) of each recalled boat. In addition, the RC signal boat shall promptly display flag X. The flag will be displayed until all such boats have sailed completely to the pre-start side of the starting line or one of its extensions, but no later than two minutes after the starting signal. This replaces RRS U4.

12. ABANDONMENT

The RC and/or Umpires may abandon a race by oral signals. Abandoned races may be re-sailed at any time. This change is added to RRS 32.1 and RRS Race Signals.

13. CHANGE OF THE NEXT LEG OF THE COURSE

To maintain course configuration or adjust course length, marks may be moved as necessary without any sound or visual signals. No mark will be moved when a boat is on a leg of the course which that mark ends. This replaces RRS 33.

14. THE FINISH

- 14.1 The finishing line will be between a staff displaying an orange and white checkered flag on an RC boat at the starboard end and the staff of an orange and white checkered flag buoy at the port end.
- 14.2 After finishing, boats shall return to the 'Waiting Area' by sailing to starboard of the finish boat, clear of course laylines, and keeping to starboard all small orange balls identifying the transit lane. [DP]

15. UMPIRES

- 15.1 This regatta will be umpired in accordance with RRS D2, as modified by the SI. Some races may have more Umpires than others as determined by the Chief Umpire.
- 15.2 Each Umpire is a member of the Protest Committee (PC).

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 The required red protest flag for competitors shall be attached to the sailor's PFD, and be capable of being conspicuously displayed (waved) at arm's length where it is easily visible to the protested boat and Umpires, and then concealed when the incident is closed.
- 16.2 Infractions of the SI or class rules shall not be grounds for protest by a boat. This change is added to RRS 60.1(a).
- 16.3 Any changes to the format implemented in accordance with SI 6.2, or the RC's and/or Umpire's decisions regarding abandonment under RRS 32.1 and SI 12, shall not be considered grounds for granting redress. This change is added to RRS 62.1(a).

17. SCORING

This event will be scored according to RRS D3 and D4.

18. SAFETY REGULATIONS [DP]

- 18.1 A condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved lifejacket or, for international sailors only, a lifejacket approved by their country's corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All lifejackets must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable lifejackets do not constitute adequate personal buoyancy. These changes are added to rule 40, and the Preamble to Part 4 will not apply to rule 40.
- 18.2 Each skipper who launches their boat from CYC must sign-out prior to leaving the dock and sign-in upon return. Each skipper not launching from CYC, each day, shall notify the Regatta Chair before leaving their dock and, following the final race of each day, shall notify the Regatta Chair as soon as practical to confirm they have returned to their dock. (See the SI General Information section for Regatta Chair contact information).
- 18.3 A competitor retiring from racing before a day's racing is over shall notify an RC or safety boat before leaving the course area.
- 18.4 Each competitor shall have a whistle attached to their PFD at all times while on the water.
- 18.5 Each boat shall have a secure loop at the end of its bow line.
- 18.6 Support boats may be called on by the RC and/or Umpires to help with safety.

19. DESIGNATED ADULT

- 19.1 An adult (parent, guardian or designated adult) is responsible for the safety of each competitor. It is solely the responsibility of this adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. The adult supervising the competitor is ultimately responsible for the risks. Additionally, this adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 19.2 During Check-in, each competitor shall provide a completed [CYC Parental Consent Form and Waiver](#), signed by a parent or guardian, indicating the name and contact information for the adult who shall be on-site, and who is authorized and designated to be responsible for that competitor during this event per SI 19.1. [DP]

20. REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed without prior approval of the Chief Umpire. Requests for substitution shall be made to an Umpire at the first reasonable opportunity. [DP]

21. SUPPORT BOATS [DP]

- 21.1 The skipper of each support boat must register with the OA per SI 5.3 and is required to attend the support boats' briefings and the competitors' briefings.
- 21.2 Only registered support boats that prominently display identification provided by the OA will be allowed in the racing area. There will be a refundable deposit of \$20 required for each identification flag, payable on-site on January 11.
- 21.3 All support boats must carry a VHF radio, monitor VHF Channel 69, assist any boat in need, and follow the instructions of the RC, safety boats, and Umpires at all times. All individuals on such registered boats are required to wear a PFD.
- 21.4 Support boats shall remain securely anchored in the 'Waiting Area' shown in Addendum A or tied-up at BCP unless otherwise directed by the RC or Umpires.
- 21.5 Support boats launched at CYC must have a CYC staff member operating the hoist at all times and shall remain in the water from the time they are launched until the completion of the regatta. These boats shall not be launched or recovered at CYC while competitors are launching or recovering their dinghies.
- 21.6 Competitors who wish to keep support boats at CYC must make prior arrangements with the Dockmaster for use of the hoist, trailer storage and in-the-water berthing. Contact CYC Dockmaster Curtis Wagner at curtis.wagner@calyachtclub.net or 310.823.4567.

22. ENVIRONMENT

Trash should be placed on coach or support boats.

23. PRIZES

Prizes will be awarded in accordance with the [Notice of Race](#).

24. DISCLAIMER OF LIABILITY

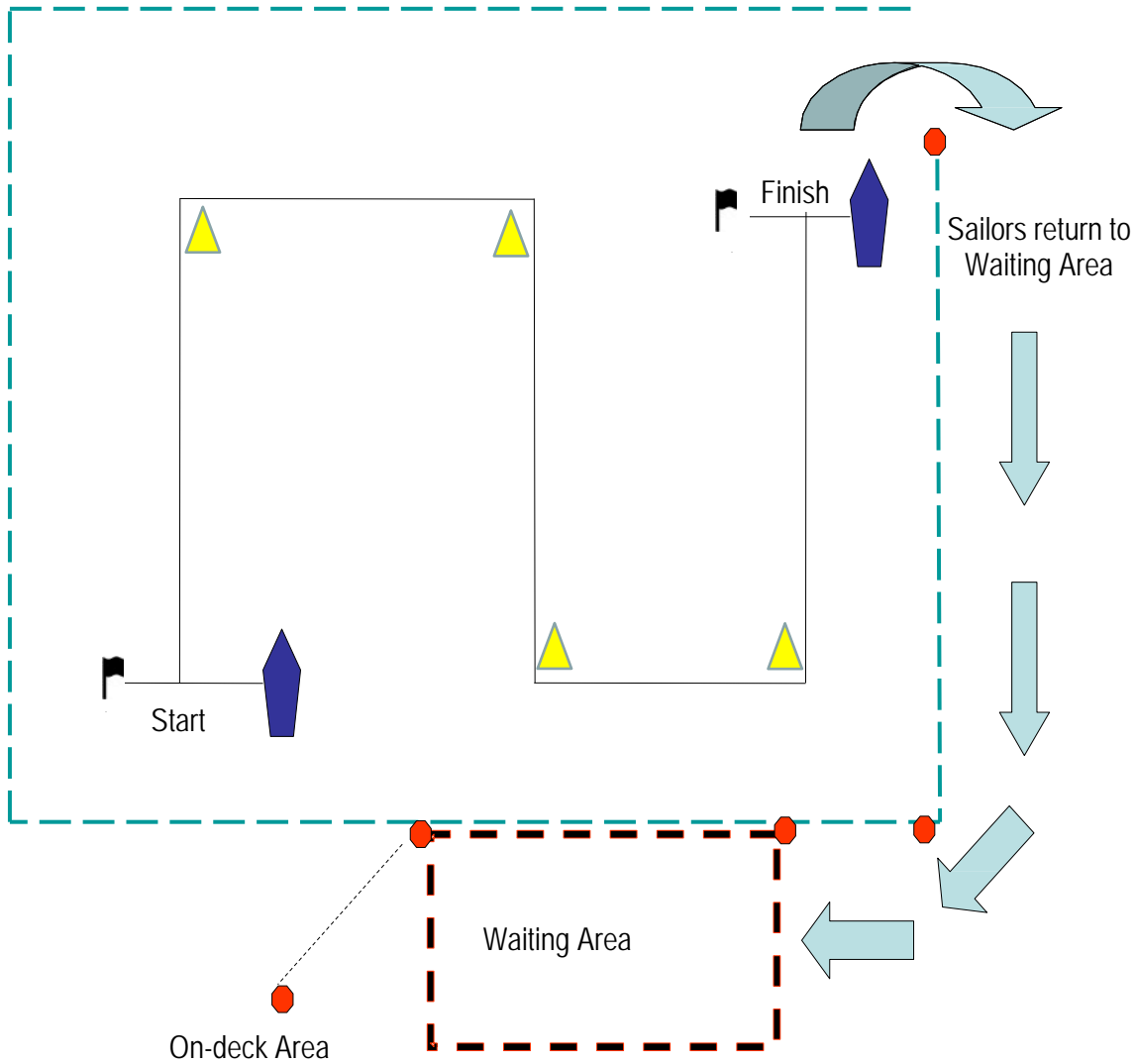
Competitors participate in this regatta entirely at their own risk. See RRS 4, Decision to Race. By participating in this regatta, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any and all liability associated with such competitor's participation in this regatta to the fullest extent permitted by law.

SANGUINETTI DINGHY REGATTA

Addendum A – Course

(Marks are described in SI 8)

Digital N



Coach boats and teams that are not racing or are not on deck may tie up to BCP.
Please do not block the pump-out station and be considerate of other boaters.