



ILCA-NA MIDWINTERS WEST

IN CONJUNCTION WITH

Ullman/Frost Series #3

Thursday thru Sunday, March 24-27, 2022
Marina del Rey, California USA



SAILING INSTRUCTIONS

GENERAL INFORMATION

The Organizing Authority (OA) is California Yacht Club (CYC) located at 4469 Admiralty Way, Marina del Rey, CA 90292

Phone: 310.823.4567 | Web: www.calyachtclub.com

Event Chair: Marilyn Cassedy | marilyn.cassedy@gmail.com or 619.961.7994

1. RULES

The ILCA 6 class will sail in a "Protected Competition" per [US Sailing Regulation](#) 12.03. See SI Addendum A.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions (SIs) will be posted by 1000 on the day it takes effect, except that any change to the schedule of races will be posted by 2000 on the day before it takes effect.

3. COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the Official Notice Board which is the [CYC ILCA-NA Midwinters West](#) webpage. Notices may also be posted on the patio windows of the Gallery Room located on the southeast side of the lower level of the CYC clubhouse.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the flagpole located on the CYC front lawn.

4.2 When the Answering Pennant (AP) is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in The Racing Rules of Sailing (RRS) Race Signal AP.

5. SCHEDULE OF RACES

5.1 For the ILCA-NA Midwinters West, nine (9) races are scheduled: three (3) races on Friday, four (4) races on Saturday, and two (2) races on Sunday.

5.2 For the Ullman/Frost #3, six (6) races are scheduled: four (4) races on Saturday and two (2) races on Sunday.

5.3 The race committee (RC), at its discretion, may run fewer races.

5.4 The scheduled time of the first warning signal on **Friday is 1300**. The scheduled time of the first warning signal on **Saturday and Sunday is 1230**. Subsequent races will start as soon as practicable.

5.5 On the last scheduled day of racing, no warning signal will be made after 1530. In the case of one or more general recall(s) when the initial warning signal was made prior to 1530, the RC may display subsequent warning signals after that time. This exception does not apply to a race that is postponed or abandoned.

5.6 The RC may display flag A (with no sound) while boats are finishing to signal that there will be no more races conducted that day.

6. CLASS FLAGS AND ORDER OF STARTS

6.1 The class flags will display the ILCA Class insignia as described below:

START	CLASS	FLAG
-------	-------	------

1	ILCA 6	Green flag with red ILCA lettering
---	--------	------------------------------------

2	ILCA 7	White flag with red ILCA lettering
---	--------	------------------------------------

3	ILCA 4	Yellow flag with red ILCA lettering
---	--------	-------------------------------------

6.2 The order of starts may change following the first race each day.

7. RACING AREA

The racing area is on Santa Monica Bay with the starting area approximately one (1) nautical mile northwest of the Marina del Rey breakwater as shown on SI Addendum C

8. MARKS

Marks are described in SI Addendum B.

9. COURSES

Courses are described in SI Addendum B.

10. ON-THE-WATER CHECK IN

Prior to the first warning signal each day, when the RC signal boat is displaying code flag "L", each boat shall sail past, on starboard, the stern of the RC signal boat, hail her sail number and be recognized by the RC. Boats missing their first race may check in upon arrival. Boats failing to check-in properly may be given a twenty percent (20%) scoring penalty applied without a hearing to a boat's first valid race of the day. This change is added to RRS A5.1.

11. THE START

- 11.1 To alert boats of an upcoming race or sequence of races, an attention signal will be made approximately one (1) minute before a warning signal is made.
- 11.2 The starting line is between the staff displaying an orange and white checkered flag on the RC line boat at its port end and the staff displaying an orange and white checkered flag on the RC signal boat at its starboard end. (See Addendum B)
- 11.3 A boat that starts more than five (5) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This change is added to RRS A5.1.

12. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the RC will move the original mark (or move the finishing line) to a new position.

13. THE FINISH

- 13.1 The finishing line is between a small yellow tetrahedron with a black band at its port end and the staff displaying a blue flag on the RC finish boat at its starboard end.
- 13.2 Competitors are reminded that RRS 23.1 prohibits a boat that has finished from interfering with boats still racing.

14. PENALTY SYSTEM

- 14.1 Appendix P, Special Procedures for RRS 42, applies with the following changes: in P2.1 – *First Penalty*, the word "first" in the title and first sentence is deleted. P2.2 and P2.3 are deleted.
- 14.2 The observer boats will display code flag "J" and may be positioned anywhere on the course area. Their position at any time will not be grounds for a request for redress. This changes RRS 60.1(b).

15. TIME LIMITS

15.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below in minutes.

Mark 1 Time Limit	Race Time Limit	Finishing Window
30	90	30

- 15.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 15.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes within the race time limit. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one (1) more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35 and is added to RRS A5.1, 5.2 and A10.

16. HEARING REQUESTS

- 16.1 The protest time limit each day is forty-five (45) minutes after the RC finish boat docks on that day. This time will be posted on the Hearing Notice Board at the jury desk within fifteen (15) minutes after the RC finish boat docks.
- 16.2 RRS 62.2 (Redress) is modified as follows:
 - (a) The second sentence of RRS 62.2 is replaced with: "If the request is based on an incident in the racing area, it shall be delivered to the Jury Secretary within the protest time limit for that day."
 - (b) A notice of boats scored per RRS A5.1 each day will be posted on the Hearing Notice Board at the jury desk within fifteen (15) minutes after the RC finish boat docks on that day. The deadline for a request for redress based on this list is the protest time limit for that day.
 - (c) The time limit for a request for redress based on the outcome of a scoring inquiry (see SI 17.4) is thirty (30) minutes after that outcome has been posted.
- 16.3 Hearing request forms are available at the jury desk and shall be filed with the Jury Secretary.
- 16.4 Notices will be posted no later than fifteen (15) minutes after the protest time limit each day on the Hearing Notice Board to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Gallery Room, downstairs in the CYC clubhouse, beginning as soon as possible.
- 16.5 Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the Gallery Room.
- 16.6 The jury desk and Hearing Notice Board are located in the atrium on the lower level of the CYC clubhouse.

17. SCORING

- 17.1 For entrants competing in the ILCA-NA Midwinters West, the following scoring will be used:
- (a) Three (3) races must be completed to constitute a series.
 - (b) When five (5) or fewer races have been completed, a boat's series score will be the total of her race scores. When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.2 For entrants competing only in the Ullman/Frost #3, the following scoring will be used:
- (a) One (1) race must be completed to constitute a series.
 - (b) When five (5) or fewer races have been completed, a boat's series score will be the total of her race scores. When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.3 Preliminary results will be posted on the [Official Notice Board](#) as soon as possible after racing each day.
- 17.4 Competitors shall notify the RC of any scoring errors each day using the Scoring Inquiry Forms available from the Jury Secretary. The deadline to file a scoring inquiry is the protest time limit or thirty (30) minutes after the preliminary results have been posted for that day, whichever is later.

18. [DP] SAFETY REGULATIONS

- 18.1 A condition of entry and participation in the event is the wearing of a U.S. Coast Guard approved lifejacket or, for international sailors only, a lifejacket approved by their country's corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All lifejackets must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable lifejackets do not constitute adequate personal buoyancy. These changes are added to RRS 40, and the Preamble to Part 4 will not apply to RRS 40.
- 18.2 A boat that withdraws from a race prior to finishing or does not intend to start a scheduled race shall notify the RC either before leaving the race area or as soon as possible after arriving ashore.

19. EQUIPMENT AND MEASUREMENT CHECKS

All boats and equipment must meet ILCA rules and may be inspected by the RC, PC, or Technical Committee for compliance with the rules at any time during the event.

20. DESIGNATED ADULT

- 20.1 An adult (parent, guardian or designated adult) is responsible for the safety of each competitor under the age of eighteen (18). It is solely the responsibility of this adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. The adult supervising the competitor is ultimately responsible for the risks. Additionally, this designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the event.
- 20.2 [DP] Each competitor under the age of eighteen (18) shall submit a completed [CYC Parental Consent Form and Waiver](#), signed by a parent or guardian, indicating the name and contact information for the adult who shall be on-site, and who is authorized and designated to be responsible for that competitor during the event per NoR 5.5 and SI 20.1.
- 20.3 Competitors who are eighteen (18) years or older are responsible for their own actions, and for the decision to sail in weather and sea conditions that might arise during the event.

21. [DP] SUPPORT TEAMS

- 21.1 All Support Person Vessels (SPVs) shall carry and monitor a VHF radio capable of communicating on VHF channel 69.
- 21.2 SPVs shall not enter the racing area from the preparatory signal of a race until the finish of the last boat in that race. However, SPVs may enter the racing area at the direction of the RC to assist a competitor or after a general recall, abandonment or postponement until a new preparatory signal has been made. The racing area shall be as indicated on SI Addendum B and include any other area within one hundred (100) meters of any boat still racing.
- 21.3 SPVs shall neither create wakes nor otherwise interfere with competitors.
- 21.4 SPVs launched at CYC shall remain in the water from the time they are launched until the completion of the event. SPVs and spectator boats shall not be launched or recovered at CYC while competitors are launching or recovering their boats and must check in with the CYC Dockmaster, [Chase Young](#) (310.823.4567) prior to using the hoist. Alternately, boats may use the public ramp at Dock 52 on Fiji Way and keep the trailers at CYC.

22. RISK STATEMENT

Competitors participate in the event entirely at their own risk. See RRS 3, Decision to Race. By participating in the event, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for the event) from any and all liability associated with such competitor's participation in the event to the fullest extent permitted by law.



ILCA-NA MIDWINTERS WEST

IN CONJUNCTION WITH

Ullman/Frost Series #3

Thursday thru Sunday, March 24-27, 2022

Marina del Rey, California USA



ADDENDUM A

1. PROCEDURES FOR PROTECTED COMPETITIONS

1.1 [US Sailing Regulation](#) 12.03, Protected Competitions, will be in effect for the ILCA 6 class. The following rules and procedures will apply:

- (a) The US Sailing Prescriptions to RRS 60.3, 63.1, and 63.2 shall apply to a Protected Competition, except that the words "when practicable" in (a) and (b) in the prescription to RRS 63.1 are deleted.
- (b) Protest committees shall include at least 33.3% Sailor Athlete representation as per Section 105 of the [US Sailing Bylaws](#) and [USOPC Bylaws](#) Section 8.5.1(b). At least half of those Sailor Athletes must be 10 Year Sailor Athletes and the remaining Sailor Athletes must be either 10 Year Sailor Athletes or 10 Year + Sailor Athletes.
- (c) The right of appeal will not be denied under rule 70.5 (a), (b), or (c), but an expedited appeal process may be used that balances the needs of the competitor for certainty with respect to berths in future competitions and sufficient time to prepare the arguments and evidence for the appeal.
- (d) Any boat that is a party to a redress hearing may be represented by up to two individuals. This changes rule 63.3(a).
- (e) If a hearing is scheduled after the event is concluded and after the sailors and officials have left the venue, it will be scheduled as soon as possible, and in a place and manner chosen with deference to the competitor's preferences or circumstances; and parties to the hearing have the right to be present telephonically or via video feed as appropriate, provided all participants can hear and speak to each other.

1.2 Other rule changes

- (a) Rule 65.2 is changed as follows: "seven days" is changed to "24 hours" and "promptly" is changed to "within 24 hours."
- (b) Rule 66.1, Reopening a Hearing, second sentence is deleted and replaced by:
"However, if an appeal of its decision has been sent to the national authority, the hearing shall not be reopened unless the national authority requires reopening under rule R5.4 or decides the appeal cannot be considered."

1.3 Expedited appeals procedure:

The expedited appeals system in US Sailing Prescription, Appendix R, R8, [Expedited Appeals](#), will be used.



ILCA-NA MIDWINTERS WEST

IN CONJUNCTION WITH

Ullman/Frost Series #3

Thursday thru Sunday, March 24-27, 2022

Marina del Rey, California USA



Addendum B

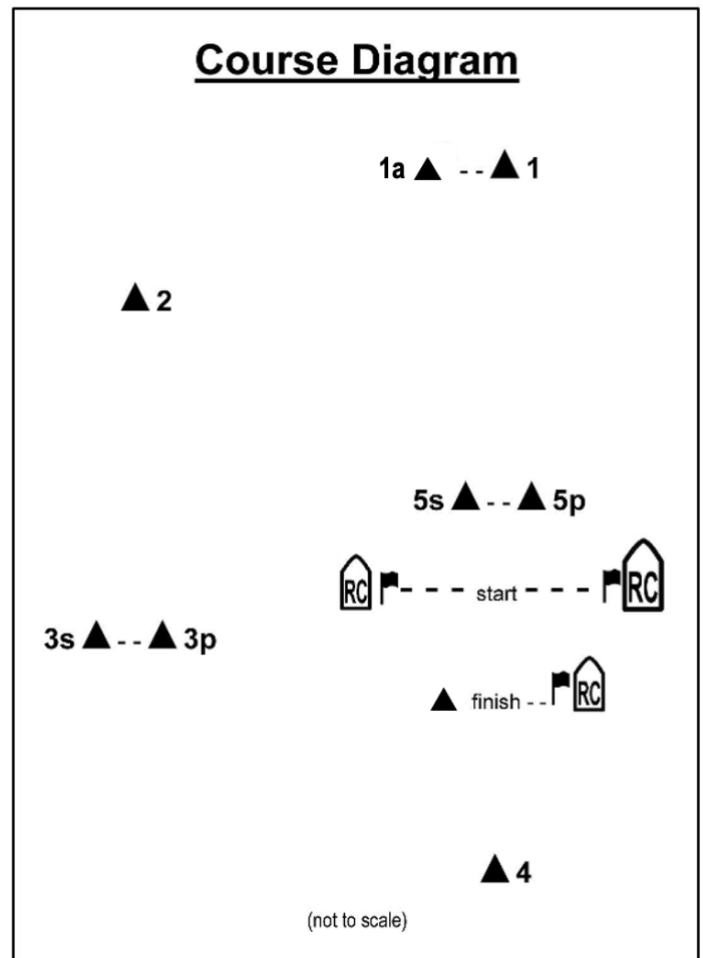
SI 8 MARKS (continued)

- 8.1 Marks 1 and 5s/5p are yellow inflatable shapes.
- 8.2 Mark 1a (offset mark) is a small orange tetrahedron with a black band.
- 8.3 Marks 2, 3s/3p and 4 are orange inflatable shapes.

SI 9 COURSES (continued)

- 9.1 All marks shall be rounded to port, except Mark 3s/3p and Mark 5s/5p, which will be gates. In the event only one gate mark is on station, that mark shall be rounded to port.
- 9.2 The angle between the leg from the starting line to Mark 1 and the leg from Mark 1 to Mark 1a will be approximately 90°.
- 9.3 No later than the warning signal for each class, the RC signal boat will use numeral placards to display the approximate magnetic bearing from Mark 5s/5p to the first weather mark.
- 9.4 No later than the warning signal for each class, the RC signal boat will use numeral placards to signal one of the courses shown below:

Course #	Course
1	Start – 1 – 2 – 3p – 4 – Finish
2	Start – 1 – 2 – 3s/3p – 2 – 3p – 4 – Finish
3	Start – 1 – 1a – 5s/5p – 1 – 2 – 3p – 4 – Finish



ILCA-NA MIDWINTERS WEST

IN CONJUNCTION WITH

Ullman/Frost Series #3

Thursday thru Sunday, March 24-27, 2022

Marina del Rey, California USA



Addendum C

RACING AREA

