



# ILCA-NA MIDWINTERS WEST

IN CONJUNCTION WITH

**Ullman/Frost Series #3**  
Thursday thru Sunday, March 24-27, 2022  
Marina del Rey, California USA



## NOTICE OF RACE

**Amended 5.2, 17**  
**February 24, 2022**

### GENERAL INFORMATION

The Organizing Authority (OA) is California Yacht Club (CYC), located at 4469 Admiralty Way, Marina del Rey, CA 90292  
Phone: 310.823.4567 | Web: [www.cal yachtclub.com](http://www.cal yachtclub.com)  
Event Chair: Marilyn Cassedy | See NoR 17 for contact information

### 1. RULES

- 1.1 The event is governed by the rules as defined in [The Racing Rules of Sailing](#) (RRS).
- 1.2 The "class rules" for the purposes of the definition of *rules* are the [International Laser Class Association \(ILCA\) Rules](#).
- 1.3 For those competing in the Ullman/Frost #3, the [2021-2022 Ullman and Frost Perpetual Trophy Series Notice of Race](#) applies.
- 1.4 [DP] A condition of entry and participation in the event is the wearing of a U.S. Coast Guard approved lifejacket or, for international sailors only, a lifejacket approved by their country's corresponding authority, properly secured at all times while on the water, except for brief periods while removing or adding clothing. All lifejackets must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable lifejackets do not constitute adequate personal buoyancy. These changes are added to RRS 40, and the Preamble to Part 4 will not apply to RRS 40.
- 1.5 US Sailing Prescription RRS 81 does not apply.
- 1.6 Appendix P, Special Procedures for RRS 42, will apply with the following changes: in P2.1 – *First Penalty*, the word "first" in the title and first sentence is deleted. P2.2 and P2.3 are deleted.
- 1.7 The ILCA 6 class will sail in a "Protected Competition" per [US Sailing Regulation](#) 12.03. See NoR Addendum A.

### 2. SAILING INSTRUCTIONS

The Sailing Instructions (SIs) will be posted by Sunday, March 20 on the Official Notice Board. Printed copies will be available at Check-in only upon request. Course Charts will be available at Check-in.

### 3. COMMUNICATION

- 3.1 The Official Notice Board is the [ILCA-NA Midwinters West](#) webpage. Notices may also be posted on the patio windows of the Gallery Room located on the southeast side of the lower level of the CYC clubhouse.
- 3.2 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

### 4. CODE OF CONDUCT

- 4.1 [DP] Each race entrant and skipper is responsible for ensuring that all members of their crew, support personnel and their guests abide by the laws, public health orders, and guidance from government authorities and/or CYC applicable to sailing and/or shore side activities in effect during the event to minimize potential exposure to or transmission of the COVID-19 virus.
- 4.2 Failure to comply with NoR 4.1 may be misconduct.
- 4.3 Reasonable actions by event officials and CYC to implement COVID-19 guidance, protocols or legislation, even if they later prove to have been unnecessary, are not improper actions or omissions.

### 5. ELIGIBILITY AND ENTRY

- 5.1 The event is open to boats of the ILCA 7 (Standard), ILCA 6 (Radial) and ILCA 4 (4.7) classes that meet ILCA Rules.
- 5.2 Competitors must be current members of ILCA North America (NA) **or their National Laser Class Association. ILCA** membership numbers must be provided during online registration (NoR 5.3).
- 5.3 Eligible competitors may enter their boat by completing online registration at the [ILCA-NA Midwinters West](#) webpage and paying all fees by the entry deadline of Wednesday, March 23. Entries submitted after that time may be accepted only with the approval of the Event Chair and are subject to a \$20 late fee. For skippers under the age of eighteen (18), registration shall be completed by their parent or guardian.
- 5.4 If there are not ten (10) paid ILCA 4 entries by March 16, the OA may automatically move registered boats to the ILCA 6 class; these ILCA 4 entries will compete with the ILCA 6 sail plan. ILCA 4 entries that do not wish to compete in the ILCA 6 class may petition for a full refund of entry fees.

- 5.5 [DP] Each competitor under the age of eighteen (18) shall submit a completed [CYC Parental Consent Form and Waiver](#) signed by a parent or guardian by 1000 on Friday, March 25 if competing in the ILCA-NA Midwinters West, or by 1000 on Saturday, March 26 if competing only in the Ullman/Frost #3. This form can be scanned and emailed to the Event Chair (contact information in NoR 17) or submitted at Check-in.
- 5.6 For entrants competing in the ILCA-NA Midwinters West, only those who complete Check-in prior to 1000 on Friday March 25 are eligible to race.
- 5.7 For entrants competing only in the Ullman/Frost #3, only those who complete Check-in prior to 1000 on Saturday March 26 are eligible to race.
- 5.8 Late Check-in may be allowed only with the approval of the Event Chair.
- 5.9 The event will be used as a selection event by US Sailing's International Selection Committee for the US representatives at the World Sailing Youth World Championships 2022 (Youth Worlds) in the One Person Dinghy (ILCA 6). Competitors who wish to represent the US at the Youth Worlds must meet the [Athlete Eligibility requirements](#) specified by US Sailing.

## 6. CHECK-IN

- 6.1 Check-in is at the Registration Desk in the Gallery Room, located on the lower level of the CYC clubhouse, in accordance with the schedule in NoR 8.
- 6.2 To complete Check-in, each entrant shall have met all eligibility and entry requirements, paid all fees, and completed the prescribed equipment inspection process (NoR 9) for the event.

## 7. FEES

- 7.1 The entry fee for competitors in the ILCA-NA Midwinters West is \$175.00 USD per boat for entries received by Wednesday, March 2. Thereafter, until the entry deadline, the entry fee is \$215.00 USD.
- 7.2 The entry fee for racers competing ONLY on Saturday and Sunday in the Ullman/Frost #3 is \$130.00 USD per boat for entries received by Wednesday, March 2. Thereafter, until the entry deadline, the entry fee is \$170.00 USD.
- 7.3 The entry fee entitles each competitor to snacks and access to fresh water stations each race day, refreshments after racing on Friday and Sunday, and a complimentary dinner on Saturday.

## 8. SCHEDULE

- 8.1 For the ILCA-NA Midwinters West, nine (9) races are scheduled: three (3) races on Friday, four (4) races on Saturday, and two (2) races on Sunday.
- 8.2 For the Ullman/Frost #3, six (6) races are scheduled: four (4) races on Saturday and two (2) races on Sunday.
- 8.3 The Race Committee (RC), at its discretion, may run more or fewer races each day.

Wednesday, March 2		Discounted entry fee deadline
Wednesday, March 23		Entry deadline
Thursday, March 24	1530 – 1830	Check-in and Support Person Vessel (SPV) Registration (Gallery Room) Sail Inspection (Fireside Room); Hull Inspection (dry storage area)
Friday, March 25	0800 – 1000	Check-in and SPV Registration (Gallery Room) Sail Inspection (Fireside Room); Hull Inspection (dry storage area)
	1000	Competitors' briefing (Pool Patio)
	1015	SPV briefing (Pool Patio)
	<b>1300</b>	<b>First Warning Signal – Subsequent races to start ASAP</b>
Saturday, March 26	0900 – 1000	Check-in and Sail/Hull Inspection for those competing only in Ullman/Frost #3 (Fireside Room and dry storage area)
	<b>1230</b>	<b>First Warning Signal – Subsequent races to start ASAP</b>
Sunday, March 27	<b>1230</b>	<b>First Warning Signal – Subsequent races to start ASAP</b>
	1530	No warning signal will be made after this time.
	After racing	Awards Presentation in CYC Clubhouse

## 9. EQUIPMENT INSPECTION

- 9.1 All boats and equipment must meet ILCA Rules and may be inspected by the RC, Protest Committee, or Technical Committee for compliance with the Rules at any time during the event.
- 9.2 Sail Inspection will take place in the Fireside Room (downstairs in the CYC clubhouse).
- (a) [DP] Compliance with RRS 77 will be enforced, which requires that every boat shall carry on her mainsail, the insignia denoting her class, national letters denoting her national authority, and a sail number. Older sails may still use the Laser starburst insignia.
- (b) Numbers and letters drawn on the sail are unacceptable substitutes for class required numbers.
- 9.3 Hull Inspection will take place in the dry storage area, adjacent to the hoists. All hulls must display a certifying class decal in the aft-end of the cockpit (see ILCA Rules, part 2, Section 4). The RC issues blanket permission per ILCA Rules, Part 2. 4.5: competitors may use a sail with numbers that are different to the sail number allocated to the hull.
- 9.4 For those competing in the ILCA-NA Midwinters West, Sail and Hull Inspection shall be completed prior to 1000 on Friday, March 25. For those competing only in the Ullman/Frost #3, Sail and Hull Inspection shall be completed prior to 1000 on Saturday, March 26.

## 10. VENUE

The racing area is on Santa Monica Bay approximately one (1) nautical mile northwest of the Marina del Rey breakwater.

## 11. THE COURSES

The courses to be sailed will be a trapezoid configuration.

## 12. SCORING

12.1 For entrants competing in the ILCA-NA Midwinters West, the following scoring will be used:

- (a) Three (3) races must be completed to constitute a series.
- (b) When five (5) or fewer races have been completed, a boat's series score will be the total of her race scores. When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

12.2 For entrants competing only in the Ullman/Frost #3, the following scoring will be used:

- (a) One (1) race must be completed to constitute a series.
- (b) When five (5) or fewer races have been completed, a boat's series score will be the total of her race scores. When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## 13. DESIGNATED ADULT

13.1 An adult (parent, guardian or designated adult) is responsible for the safety of each competitor under the age of eighteen (18). It is solely the responsibility of this adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. The adult supervising the competitor is ultimately responsible for the risks. Additionally, this designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the event.

13.2 [DP] Each competitor under the age of eighteen (18) shall submit a completed [CYC Parental Consent Form and Waiver](#), signed by a parent or guardian, indicating the name and contact information for the adult who shall be on-site, and who is authorized and designated to be responsible for that competitor during the event per NoR 5.5 and 13.1.

13.3 Competitors who are eighteen (18) years or older are responsible for their own actions, and for the decision to sail in weather and sea conditions that might arise during the event.

## 14. SUPPORT PERSON VESSELS

14.1 Support Person Vessels (SPVs) must register with the OA during Check-in and prominently display an identification flag provided by the OA. Only registered SPVs are allowed in the racing area. There is a refundable deposit of \$20 required for each identification flag, payable on-site during SPV registration.

14.2 [DP] Competitors who wish to keep SPVs at CYC must make prior arrangements with the CYC Dockmaster for use of the hoist, trailer storage and in-the-water berthing. See NoR 17 for Dockmaster contact information.

14.3 [DP] All SPVs shall carry and monitor a VHF radio capable of communicating on normal domestic and international channels.

14.4 The conduct of SPVs and support persons is governed by the SIs.

14.5 [DP] SPVs shall remain in the water from the time they are launched until the completion of the event. These boats shall not be launched or recovered at CYC while competitors are launching or recovering their boats.

## 15. PRIZES

15.1 Prizes will be awarded after racing on Sunday in accordance with the ILCA class guidelines.

15.2 For the ILCA 7 Male and the ILCA 6 Female competitors, this is a World Sailing 50-point event. Those interested in receiving these points are required to submit their World Sailing Sailor ID at registration.

## 16. DISCLAIMER OF LIABILITY

Competitors in the event are participating entirely at their own risk. See RRS 3, Decision to Race. By participating in the event, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for the event) from any and all liability associated with such competitor's participation in the event to the fullest extent permitted by law.

## 17. FURTHER INFORMATION

**Event Chair:** Marilyn Cassedy at [marilyn.cassedy@gmail.com](mailto:marilyn.cassedy@gmail.com) or 619.961.7994.

**CYC Dockmaster:** Chase Young at [chase.young@calyachtclub.net](mailto:chase.young@calyachtclub.net) or 310.823.4567.

**Hospitality (subject to applicable CYC guidelines and protocols):** Competitors and their guests are invited to use club facilities during the event. Competitors should bring a re-usable water bottle; water stations will be available for refills. Snacks will be provided for competitors each race day; as well as light refreshments after racing on Friday and Sunday. A complimentary dinner for competitors will be provided on Saturday; additional dinner tickets will be available for purchase.

**Charters:** Tim Clarke at Vela-LA: [charters@vela-la.com](mailto:charters@vela-la.com).

**Boat Launching, Berthing & Storage:** Competitors are invited to use the dry storage, hoists and assigned docks at CYC during the event, subject to applicable CYC guidelines and protocols. For information and arrangements regarding boat storage immediately preceding and following the event contact the CYC Dockmaster.



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## ADDENDUM A



### 1. PROCEDURES FOR PROTECTED COMPETITIONS

- 1.1 [US Sailing Regulation](#) 12.03, Protected Competitions, will be in effect for the ILCA 6 class. The following rules and procedures will apply:
- (a) The US Sailing Prescriptions to RRS 60.3, 63.1, and 63.2 shall apply to a Protected Competition, except that the words "when practicable" in (a) and (b) in the prescription to RRS 63.1 are deleted.
  - (b) Protest committees shall include at least 33.3% Sailor Athlete representation as per Section 105 of the [US Sailing Bylaws](#) and [USOPC Bylaws](#) Section 8.5.1(b). At least half of those Sailor Athletes must be 10 Year Sailor Athletes and the remaining Sailor Athletes must be either 10 Year Sailor Athletes or 10 Year + Sailor Athletes.
  - (c) The right of appeal will not be denied under rule 70.5 (a), (b), or (c), but an expedited appeal process may be used that balances the needs of the competitor for certainty with respect to berths in future competitions and sufficient time to prepare the arguments and evidence for the appeal.
  - (d) Any boat that is a party to a redress hearing may be represented by up to two individuals. This changes rule 63.3(a).
  - (e) If a hearing is scheduled after the event is concluded and after the sailors and officials have left the venue, it will be scheduled as soon as possible, and in a place and manner chosen with deference to the competitor's preferences or circumstances; and parties to the hearing have the right to be present telephonically or via video feed as appropriate, provided all participants can hear and speak to each other.
- 1.2 Other rule changes
- (a) Rule 65.2 is changed as follows: "seven days" is changed to "24 hours" and "promptly" is changed to "within 24 hours."
  - (b) Rule 66.1, Reopening a Hearing, second sentence is deleted and replaced by:  
"However, if an appeal of its decision has been sent to the national authority, the hearing shall not be reopened unless the national authority requires reopening under rule R5.4 or decides the appeal cannot be considered."
- 1.3 Expedited appeals procedure:  
The expedited appeals system in US Sailing Prescription, Appendix R, R8, [Expedited Appeals](#), will be used.