



Sanguinetti Dinghy Regatta Optimist Team Racing Invitational

Saturday & Sunday, August 22-23, 2026
Marina del Rey, California, USA

SAILING INSTRUCTIONS

GENERAL INFORMATION

The Organizing Authority (OA) is California Yacht Club (CYC), located at 4469 Admiralty Way, Marina del Rey, CA 90292

Phone: 310.823.4567 | Web: www.calyachtclub.com

Event Co-Chairs: Allie Blecher and Katie Moran: allieblecher@gmail.com or katiebmoran@gmail.com

1. RULES

1.1 RRS D, Team Racing Rules apply with the following changes:

- (a) RRS 17 (On the Same Tack; Proper Course) is deleted. US Sailing has authorized this change in accordance with US Sailing Prescription RRS 86.3(a).
- (b) RRS D1.1(d) regarding the requirement for "arm signals" is deleted.
- (c) RRS D2.3, Penalties Initiated by an Umpire: Add "(g) fails to comply with a Sailing Instruction or a class rule."

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions (SIs) will be posted before 0930 on the day it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the Official Notice Board which is the [Sanguinetti Dinghy Regatta](#) webpage on the CYC website.

4. SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the flagpole located on the CYC front lawn.

4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than thirty (30) minutes" in RRS Race Signal AP.

5. SCHEDULE OF RACES

5.1 The scheduled time of the first warning signal each day is 1100. Subsequent races will start as soon as practicable.

5.2 The Race Committee (RC) will attempt to run two complete round robins. The RC, at its discretion, may run additional or fewer races.

6. FORMAT

6.1 This is an invitational, umpired, Team Racing event with a 2 vs. 2 multiple round robin format. The format is a round-robin amongst all competing teams. If time permits, mini round-robins and/or knock-out matches among groups of teams may be run. The format will be described during the Competitor's Briefing. The starting order of teams will be handed out at the Competitors' Briefing on Saturday, which may be changed during the event.

6.2 [DP] Each competitor shall wear only the colored team pinnie issued by CYC outside all clothing and outside their PFD.

6.3 [DP] For those teams having three competitors, any two may compete in a race, but the third competitor shall remain in the 'Waiting Area' (see Addendum A) from the warning signal of that race until that race has been completed.

6.4 The Principal Race Officer in consultation with the Chief Umpire, may terminate or modify the format in progress, change order of races, or make such other arrangements as may be necessary to conclude the event. This changes RRS D4.2(b).

7. RACING AREA

Racing is in Marina del Rey Harbor's main channel, in front of Burton Chace Park (BCP) and near the former Guest Dock of CYC.

8. MARKS

8.1 All rounding marks are small yellow or orange tetrahedrons.

8.2 The starting marks are a RC signal boat and an orange tetrahedron or a buoy with an orange flag.

8.3 The finishing marks are a RC finish boat and an orange tetrahedron or a buoy with an orange flag.

9. THE COURSE / WAITING AREA

9.1 The course is a starboard-hand 'digital N'. (See Addendum A)

10. THE START

10.1 Races will be started using US Sailing Prescription Appendix U, "Audible-Signal Racing System" (3-minute start).

10.2 The starting line is between the staff of an orange and white checkered flag on the RC signal boat at the starboard end and a mark with an orange flag or orange tetrahedron at the port end.

10.3 [DP] 'Waiting Area' and 'On-Deck Area': All boats whose warning signal has not been made shall remain in the 'Waiting Area' until their starting order position in the current rotation is 'next to start', i.e., immediately after the two teams which are currently starting. These four (4) boats that are the next two teams to start are then permitted to move from the 'Waiting Area' to the 'On-Deck Area'. (See Addendum A).

11. RECALLS

Individual recalls shall be signaled by hailing the sail identification number (or other distinguishing feature) of each recalled boat.

12. ABANDONMENT

The RC and/or Umpires may abandon a race by oral signals. Abandoned races may be re-sailed at any time. This change is added to RRS 32.1 (Shortening or abandoning after the start) and RRS Race Signals.

13. CHANGE OF THE NEXT LEG OF THE COURSE

To maintain course configuration or adjust course length, marks may be moved as necessary without any sound or visual signals. No mark will be moved when a boat is on a leg of the course which that mark ends. This replaces RRS 33 (Changing the next leg of the course).

14. THE FINISH

14.1 The finishing line is between the staff of a blue flag on the RC finish boat at the starboard end and a mark with an orange flag or orange tetrahedron at the port end.

14.2 [DP] After finishing, boats shall return to the 'Waiting Area' by sailing to starboard of the RC finish boat, clear of course laylines, and keeping to starboard any small orange balls identifying the transit lane.

15. UMPIRES

15.1 This event will be umpired in accordance with RRS D2, as modified by the SIs. Some races may have more Umpires than others as determined by the Chief Umpire.

15.2 Each Umpire is a member of the Protest Committee (PC).

16. HEARING REQUESTS

16.1 The required red protest flag for competitors shall be attached to the sailor's PFD and be capable of being conspicuously displayed (waved) at arm's length where it is easily visible to the protested boat and Umpires and then concealed when the incident is closed.

16.2 Infractions of the SIs or class rules shall not be grounds for protest by a boat. This change is added to RRS 60.1 (Right to protest).

16.3 Any change to the format, or the RC's and/or Umpire's decisions regarding abandonment under RRS 32.1 and SI 12, shall not be considered grounds for a request for redress. This change is added to RRS 61.1(a) (Requesting or Considering Redress).

16.4 US Sailing Prescriptions to the Preamble Part 5, Section B (Hearings and Making Decisions) and RRS 63.1 (Rights of Parties) do not apply.

17. [DP] SAFETY REGULATIONS

17.1 Each skipper who launches their boat from CYC must sign-out prior to leaving the dock and sign-in upon return. Each skipper not launching from CYC, each day, shall notify the Event Chair before leaving their dock and, following the final race of each day, shall notify the Event Chair as soon as practical to confirm they have returned to their dock. (See the SI General Information section for Event Chair contact information).

17.2 A competitor retiring from racing before the end of a day's racing shall notify an RC or safety boat before leaving the course area.

17.3 Each competitor shall have a whistle attached to their PFD at all times while on the water.

17.4 Each boat shall have a secure loop at the end of its bow line.

17.5 Coaches, umpires, and the RC will monitor VHF channel 68

18. DESIGNATED ADULT

18.1 An adult (parent, guardian or designated adult) is responsible for the safety of each competitor. It is solely the responsibility of this adult to decide if the competitor should sail in the weather and sea conditions that might arise during the event. The adult supervising the competitor is ultimately responsible for the risks. Additionally, this adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes onshore activities before, during, and after the event.

18.2 [DP] During Check-in, each competitor shall provide a completed [CYC Parental Consent Form and Waiver](#), signed by a parent or guardian, indicating the name and contact information for the adult who shall be on-site, and who is authorized and designated to be responsible for that competitor during this event per SI 18.1.

19. [DP] REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost equipment will not be allowed without prior approval of the Chief Umpire. Requests for substitution shall be made to an Umpire at the first reasonable opportunity.

20. PRIZES

There will be an awards ceremony at CYC after racing on Sunday. The names of the winning skipper and crew will be inscribed on the Sanguinetti Perpetual Trophy.

21. RISK STATEMENT

Competitors participate in the event entirely at their own risk. See RRS 3, Decision to Race. By participating in the event, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for the event) from any and all liability associated with such competitor's participation in the event to the fullest extent permitted by law.



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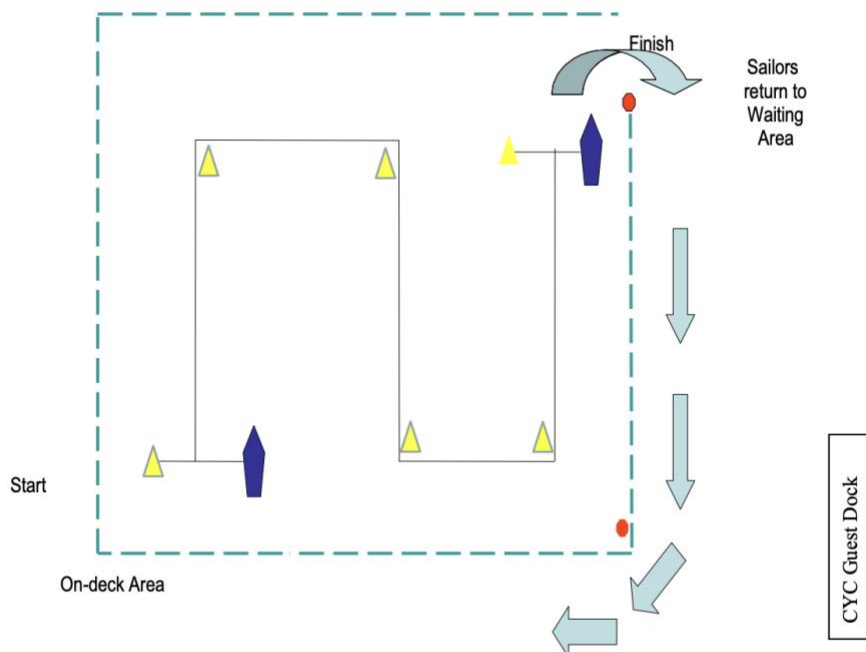
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SI ADDENDUM A Course

Located near the former CYC Guest Dock

(Marks are described in SI 8)

Digital N



Teams that are not racing and are not on deck, may tie up in the 'Waiting Area' slips at the CYC Guest Dock.